



PUBLISHED BY THE AMERICAN ACADEMY OF PERIODONTOLOGY

Social Media *Superstars*



FALL - WINTER 2024

“

The culture stands out most to me. Egos don't exist. **We are all working together to to be successful** within our own offices, while encouraging others to grow and maximize individual potential.

Dr. Kate Quinlin

Periodontist Partner in Chicago, IL

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We're proud to champion Dr. Quinlin and more than 300 dental specialists in our growing network. Since 2018, we've helped our partners focus on delivering exceptional patient care, while our business experts provide customized solutions to help streamline practice management. Find out how our powerhouse community of endodontists, periodontists, and oral and maxillofacial surgeons work together to champion your long-term prosperity.

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COVER STORY



Beyond the Practice: Between Two Teeth.

A year ago, we learned about Dr. Ganter's efforts on both an international and national level. We also learned that Dr. Ganter has her own podcast called *Between Two Teeth* which she cohosts with Dr. Bob McNeill. *Periospectives* reached out to Dr. Ganter to learn more about this podcast and what listeners can expect.

Learn more beginning on page 6.

Mission

To champion member success and professional partnerships for optimal patient health and quality of life.

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President's message

BY DR. MIA L. GEISINGER

I am honored to serve as President of the AAP. The Academy connects periodontal clinicians, educators, and residents across the country and the world, and I look forward to strengthening that connection and lifting the periodontists' voice within the greater dental professional community.

Thank you to all our members and attendees for a successful 2024 Annual Meeting in San Diego! Together we are stronger, and I thank you for continuing to support and uplift your peers and this specialty. You can see a recap of the 2024 Annual Meeting on page 10.

As an educator, I take great pride in seeing what our periodontal residents are working toward and the achievements they are making. The young talent displayed at the Balint Orban Memorial Competition and Research Forum Poster Competition demonstrated that the future of periodontology is indeed bright. I look forward to helping the next generation of specialists transition from the classroom to the practice with our inaugural ARrive program, which was announced at the meeting.

As you all know, the Dental Hygiene Engagement Initiative was launched

at last year's Annual Meeting in Austin. Over the past year, AAP staff have been incredibly hard at work to make this initiative productive and worthwhile. It consists of two components: the Dental Hygiene Study Club for members and the Dental Hygiene Recognition Program for dental hygienists. At this year's Annual Meeting, AAP staff answered questions about the initiative and let attendees know that new Dental Hygiene Study Club modules would be coming out very soon. I am proud to announce that two new Dental Hygiene Study Club modules, including, "Smoking, Vaping, Cannabis Use and Oral Health," are now available.

Throughout 2024, Dr. Meraw released President's Messages to inform our members about what the Academy is doing for them. As I would love to stay connected with our members and keep everybody up to date with Academy initiatives and happenings, I intend to continue the President's Messages throughout my term.

There is a lot to look forward to in 2025, and this is just the beginning. I can't wait for all that is to come

throughout the upcoming year, and I hope that you are just as excited as I am to explore innovative scientific discovery, improved mechanisms for patient care, and working to continue to build the community in our profession in the year to come ■

Sincerely,

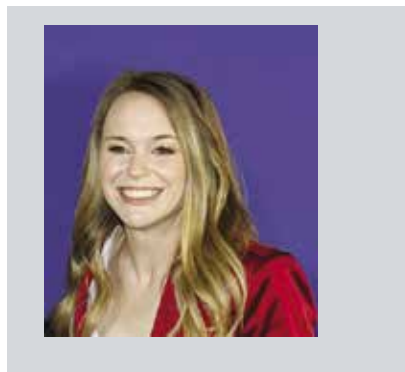
Dr. Mia L. Geisinger

President

American Academy of Periodontology



COVER STORY



Dr. Stephanie Ganter

Beyond the Practice- Between Two Teeth

Let's dive beyond the practice and learn more about

Dr. Stephanie Ganter.

A year ago, we learned about Dr. Ganter's efforts on both an international and national level. We also learned that Dr. Ganter has her own podcast called Between Two Teeth which she cohosts with Dr. Bob McNeill. Periospectives reached out to Dr. Ganter to learn more about this podcast and what listeners can expect.



For those who don't know, can you share how you came up with the name of your podcast, Between Two Teeth?

Yes, I love this question! Have you ever seen the YouTube show Between Two Ferns with Zach Galifianakis? He will have actors and political figures on his show for an interview, using humor to shed light on some tricky topics.

I liked the show's set up using humor to assuage tricky situations and, of course, entertain viewers. We started with YouTube videos, then podcasts, and eventually much of our messaging on Instagram @B2Teeth. I like our content to be organic and meaningful.

How did you come up with the idea for this podcast? What inspired you and Dr. McNeill to start this journey?

I was on a motorcycle ride with my partner, Dr. Bob McNeill, an oral and maxillofacial surgeon in our multi-specialty private practice. Interestingly, we have the best conversations when riding motorcycles and do a lot of our best planning. On this particular ride we started toying with the idea of starting our own podcast, and the funny thing was we didn't want it to be about dentistry. I loved the idea because it was so different from our roles as surgeons - serious, detail oriented, referral based and patient centric. That is really the point of *Between Two Teeth* and us as well - to connect, discover and empower others. I've found that life can be fulfilling even when it is imperfect. In this light, I wanted to build bridges within our surgical specialties. Dr. McNeill's role as a regulator with the Texas State Board of Dental Examiners and mine, at the time, as a board member for my component society and the Texas Society of Periodontics gave us a unique opportunity to do so.

We have been fortunate to have been able to present at several national meetings with the American Association of Oral and Maxillofacial Surgeons and the American Dental Association. I've also been invited to speak at the 111th Annual Session with the American Academy of Periodontology in 2025. The meetings are critical for promoting a message of colleagues working better together.

What is the main message or takeaway you hope listeners get from each episode of Between Two Teeth?

I push a message of living life to the fullest, both inside and outside of the office. As an ADA Wellness Ambassador, I've learned how practitioner mental health is key to delivering the best care to our patients. When our listeners watch an episode of Between Two Teeth, I want them to challenge themselves, ask questions like 'how are you doing, really?', and of course laugh - there is healing in laughter. Through *Between Two Teeth*, I've been able to embark on unusual mission trip adventures that are reflected in our content. Viewers can watch Dr. McNeill and I ride through the Himalayas on



motorcycles stopping along the way at outreach dental clinics to distribute supplies and interact with public health doctors, like Drs. Dilep and Dash in Dhulikhel. Flip through some videos to catch us in Warsaw, Poland with ADA Trustee, Dr. Craig Armstrong and ADA Senior Director for Dental Practice Policy, Dr. Hana Alberti as part of our medical relief team providing care to war-displaced Ukrainian citizens. Take a trip with us to Thailand or Italy through our videos to see how culture and service intertwine to provide a different type of continuing education, well beyond the classroom setting.

What are some of the everyday life topics you've covered that surprised you with how they connected to dentistry or healthcare?

When we were interviewing the American Dental Association (ADA) past-president, Dr. George Shepley, he made the case for self-care by saying, "dentists need to put the oxygen on ourselves if we are going to best care for our patients". That will look like different things for different people. I've been surprised by our

viewer engagement to our simplest messages: stretching, spending time with friends, and traveling. We intentionally try to push boundaries and push others to find their own version of what they need to do to be their best version of themselves. I think our content reflects our commitment to those values.

Can you share a memorable moment or guest experience from the podcast that stands out for you?

My most memorable experience was onstage, as a host of the American Dental Association annual meeting where Bobby and I conducted a live interview with Hollywood actor Constance Wu. She shared her own well-being journey as a struggling actress, having great success with movies like *Crazy Rich Asians* and a hit TV comedy series *Fresh off the Boat*. She also related stories of harassment and mental health issues, including depression and suicidal ideation. It was impactful to hear her story and be able to provide a perspective that would be important for our colleagues, especially as a fellow woman.

Is there a life lesson or personal philosophy that comes up regularly on the podcast? How does it tie into your work as a periodontist?

As mentioned, I want our viewers to feel empowered to pursue a life best lived. I read an article yesterday talking about the hidden costs of things like Netflix, social media and fast food. I was lucky to realize early on in my career that money isn't the greatest cost. Our greatest cost

is our time and our health. When I approach choices I make through a lens of time and health, I'm empowered to make decisions that align more with my values. I decided during the pandemic I wanted to lead a value driven life building health and spending time wisely between my patients, my people and myself. ■



“

Our greatest cost is our time and our health. When I approach choices I make through a lens of time and health, I'm empowered to make decisions that align more with my values.

ANNUAL MEETING

2025 Annual Meeting: Call for Innovations in Periodontics abstracts

The Continuing Education Oversight Committee (CEOC) is soliciting presentations that address advances in clinical periodontics, basic sciences, or related subjects for the Innovations in Periodontics program for the 111th Annual Meeting to be held Oct. 15 – 18, 2025 (Wednesday – Saturday), in Toronto at the Metro Toronto Convention Centre. These sessions will consist of 15-minute presentations. A five-minute question-and-answer period will follow each lecture.

There will be four sessions offered:

Advances in Periodontics: These two sessions are intended to showcase clinical advances and/or translational research with direct application to patient care. The target speaker is anyone who has a validated innovation to share. Individual and team-based presentations are welcome for this session.

Rising Stars: This session is intended for speakers in practice for ten years or less following post-graduate training. The selected candidates will receive training to present their material in a brief live or virtual platform showcase.

Perio Open Mic: This session is a platform to present a pivotal concept, perspective, or paradigm-shifting philosophy. The target presenter is a mid- to late-career periodontal clinician or scientist with a validated innovation to showcase. Unlike Advances in Periodontics, this is the forum to present a philosophy, ideology, or thought, rather than a case presentation.

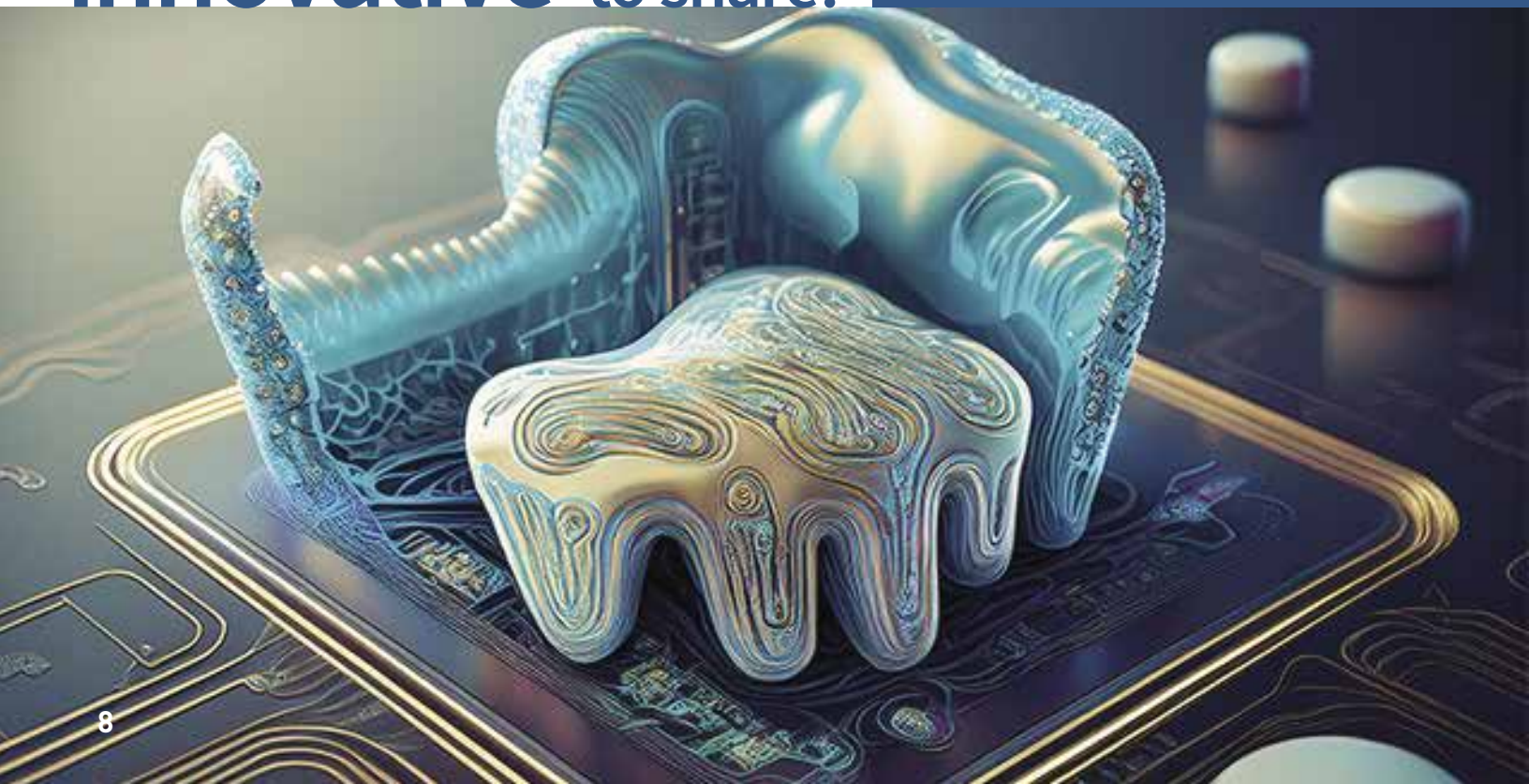
Individual presentation abstract submission procedure:

- Abstracts will be subjected to a blind review and scoring by members of the CEOC.
- Presenters will be informed of the committee's decision in spring 2025.
- Presenters can submit as many abstracts as they would like. However, no one can present more than once.

You will need to provide the following information about your presentation:

- The title, which should be ten words or fewer, and not include brand names or acronyms.
- Why this presentation is innovative.
- How your presentation impacts practicing periodontists.

Have something innovative to share?





- Which of the following topics it covers:
 - Emerging Concepts and Innovative Therapies
 - Implant Surgery and Prosthetic Rehabilitation
 - Interdisciplinary Therapy (ortho, endo, restorative)
 - Leadership, Personal and Practice Development
 - Oral Pathology, Oral Medicine and Oral Diagnosis
 - Periodontal and Systemic Interrelationships
 - Periodontal Plastic and Soft Tissue Surgery
 - Sedation and Anxiety Management
 - Tissue Engineering and Hard Tissue Reconstruction
 - Treatment of Periodontal Diseases and Peri-Implant Diseases

Team-based presentation abstract submission for Advances in Periodontics procedure:

- The team-based presentation will consist of presenting a case and then describing the treatment and rationale for therapy, or an etiopathogenetic mechanism or pathway.
- Teams are limited to two speakers.

Teams will need to submit one of the following cases:

- Periodontal-restorative dentate aesthetic
- Complex periodontal-restorative aesthetic implant
- Complex periodontal-orthodontic demonstrating Periodontally Accelerated Osteogenic Orthodontics (PAOO) or orthodontic site development for implants
- Correct aesthetic implant complication with interdisciplinary therapy

Interested parties should submit abstracts and cases for committee consideration by **Friday, Feb. 7, 2025**, via the Abstract Manager website. General submission information and directions for accessing the site can be found at perio.org/ce-meetings/abstract-submissions/ or contact the Continuing Education department at continuingeducation@perio.org or 312-787-5518 ■

Please note that as an Innovations in Periodontics speaker, complimentary meeting registration is not extended by the Academy. Speakers must take care of their registration fees and related travel accommodations and expenses for the meeting if they wish to present.

ANNUAL MEETING

A Visual Journey Through the 110th AAP Annual Meeting

Wednesday, Oct. 30

Prior to the official Annual Meeting kickoff, pre- and postdoctoral directors met for EV4: Educator Symposium: Say Hi to AI: Exploring the Role of AI in Periodontal Education. This all-day symposium explored the transformative impact of AI on dental education from both the learner and the educator's perspectives, and on clinical periodontal practices, how to incorporate it into teaching methodologies, and clinical periodontics and implant dentistry.



Thursday, Oct. 31

Guests were greeted with picturesque views of San Diego's waterfront, which set the stage for a beautiful meeting ahead. Thursday was composed of various sessions and workshops, including the Corporate Forum where attendees viewed the latest scientific and clinical innovations in the field of periodontology and the Balint Orban Memorial Competition where periodontal residents and recent graduates presented their clinical and basic research.





Friday, Nov. 1

The 110th Annual Meeting officially began with the Opening General Session! The Exhibit Hall opened with a new two-day format, showcasing the latest periodontal products, services, and technologies, and allowing attendees to connect with AAP staff at the Member Resource Center. It was a busy day for guests and staff alike, with a multitude of sessions including the Student and New Periodontist Session, the fourth annual Robert J. Genco Perio-Systemic Symposium, as well as the Networking Reception, District Forums, sponsored corporate forums, and the Awards Ceremony in the evening. The night eventually came to a fun-filled conclusion with Perio Samurai Night.

Saturday, Nov. 2

Saturday represented a vibrant schedule, including the Dental Hygiene Symposium, Dental Coding Workshop, Insurance Panel, and General Assembly. Clinical and basic science research was presented by current periodontal residents and students at the Research Forum Poster Competition in the Exhibit Hall, where the action continued with Speaker Studios, Lunch & Learns, and even an ice cream social.



Sunday, Nov. 3

With the meeting coming to an end, guests attended a few more sessions including the sixth and final general session as well as the Medical Insurance Workshop. Guests began to say their goodbyes after spending the last few days learning, connecting, and making lasting memories. ■



ANNUAL MEETING

Congratulations to the AAP's 2024 Annual Meeting Scholarship Recipients



Through the generous support of Nobel Biocare, the AAP awarded scholarships to the following AAP students and new periodontists who have been in practice for five years or less:

Dr. Shalom Benzaquen
Dr. Tanay Chaubal
Dr. Stephanie Dye
Dr. Adrienne V Fetner
Dr. Halide Namli Kilic
Dr. Su Jung Kim
Dr. Cyrus J Mansouri
Dr. Priscilla Sosa
Dr. Nicholas Tipton
Dr. Jessie Yuan

Through the generous support of the AAP Foundation, the AAP awarded scholarships to the following AAP student and new periodontists who have been in practice for five years or less:

Dr. Michael Chen
Dr. Arsalan Danesh
Dr. Katherine Flynn
Dr. Anahat Khehra
Dr. Cynthia Kuang
Dr. Kyuchul Oh
Dr. Abhilasha Patil
Dr. Hieu Pham
Dr. Elysha Pomerantz
Dr. Daniel Ryan



Through the generous support of Straumann, the AAP awarded scholarships to the following AAP students and new periodontists who have been in practice for five years or less:

Dr. Natalia Acosta-Farhadi
Dr. Panos Afouxenides
Dr. Ethan Barkin
Dr. Yi-Chen Chiang
Dr. Prita Dhaimade
Dr. Shane Endres
Dr. Bridget Faltas
Dr. Nicole McKee
Dr. Sean Mojaver
Dr. Yu Chang Wu



Through the generous support of Specialty1 Partners, the AAP awarded scholarships to the following AAP students and new periodontists who have been in practice for five years or less:

Dr. Janelle Aguirre
Dr. Lan-Lin Chiou
Dr. Yattzareth Corona
Dr. Stephanie Drake
Dr. Lindsey Janof
Dr. Choon Hye Kang
Dr. Stephen Kelleher
Dr. Nika Mehrnia
Dr. Maxwell Perelgut
Dr. Debora Yoon

Social Media Superstars

Forgetting the 110th Annual Meeting in San Diego is impossible when the AAP's 'Social Media Superstars' were posting such a wide range of compelling photos on social media channels live from the meeting. The Annual Meeting was a huge success, thanks to the vibrant participation of attendees both in-person and online. Throughout the entirety of the meeting, AAP social media inboxes were filled with story mentions and post mentions, and AAP staff interacted with attendees each day of the meeting. This also allowed folks at home to be kept in the loop with 2024 Annual Meeting happenings. From inspirational session highlights to photos with friends and colleagues, our attendees became true social media superstars.

Attendees who used the #PerioAM24 hashtag deserve a special shoutout and recognition. This helped others stay connected and made it easier to follow the conversation. These posts not only energized the meeting but also showed the power of collaboration and shared learning in advancing our field. Thank you to everyone who shared their experiences at the Annual Meeting and used the #PerioAM24 hashtag.

Social media stories and posts have been mentioned a lot lately. If someone happened to miss a story post or doesn't have any social media channels of their own, how can they see what we're talking about? Well, we've gathered some of the most creative, compelling stories from this Annual Meeting to share with all our readers and crowned our 2024 Annual Meeting Social Media Superstars of the Year.

The Annual Meeting Social Media Superstars of the Year are **Dr. Haemin Chin, DMD, MS**—@vr.dental, **Dr. Zuly Fernandez, DMD, MS**—@doctorzuly, and **Dr. Amanda Rodriguez, DDS, MS**—@dra.amandarodriguez on Instagram! These individuals posted an abundance of social content during the Annual Meeting. See some of their story posts from this year's Annual Meeting! ■



ANNUAL MEETING

Meet Dr. Mia L. Geisinger

During the Annual Meeting in San Diego, Dr. Mia L. Geisinger became AAP President for the 2024-2025 term. Dr. Geisinger brings to the table a wealth of experience and a lifelong commitment to advancing the field of periodontics. Her dedication to education and innovation makes her an inspiring leader for our community. Periospectives interviewed Dr. Geisinger so our members can discover more about her impressive journey and vision for the future.

You've been involved with the Academy for many years now, and wear many hats as a periodontist, professor, speaker, author, and researcher. How have these experiences shaped your approach to leadership?

One of the things that makes every day interesting for me is the fact that I am able to experience so many different aspects of our profession and able to interact with periodontists and dental healthcare professionals with various backgrounds and expertise. I have been fortunate to be mentored and to learn from colleagues and I am grateful to have had the opportunity to serve our profession throughout my career in many different arenas and these things have allowed me to see many great leaders in action! In teaching, speaking, and clinical patient care, communication is key to optimal outcomes and getting buy-in from those with whom you interact—whether that is involving patients in maintaining good oral hygiene or making sure that students and coworkers are primed to make positive changes in their work environment. I believe that all of these experiences together have helped me to develop into a leader for all AAP members.

What initially drew you to periodontics, and how has your passion evolved over time?

When I entered dental school, I was a certified dental assistant and had worked part-time in an oral and maxillofacial surgery practice through my college years. Beginning my first-year classes, I already



knew that I loved surgery, but I also knew that I wanted the opportunity to build long-term relationships with my patients. I was able to work as a dental assistant for a periodontist, Dr. Fraya Karsh, between my first and second years in dental school. I loved how she was able to interact with her patients and other dental healthcare providers and I especially loved that as a periodontist, she was able to build back hard and soft tissues that disease had taken away. In dental school I was also able to do a deeper dive into the science and practice of periodontology and I was hooked! I still love that I can follow patients for years in my practice and that I am able to help them save their teeth for a lifetime. I also enjoy the evidence-based practice of periodontics that allows us as periodontists to stay on the cutting-edge of research and clinical practice.

As the new president, what are your primary goals for the Academy?

Our Academy is for our members and EVERY MEMBER MATTERS! We want the American Academy of Periodontology to be the home for every periodontist starting as student members through their retirement! We have created initiatives for members across the spectrum, including an inaugural resident retreat for rising third-year residents in summer 2025 and a reception honoring our AAP Life Active members. We also want to make sure that we are working to push the science of periodontology and implant dentistry and its clinical application forward. The AO/AAP consensus conference on peri-implant diseases and the subsequent papers that will come forward from that are exciting as is our upcoming collaboration with the Osteology Foundation, SEPA, and DGI on regenerative techniques. Lastly, we know that the periodontist is a leader in the



dental healthcare team, and we want to equip AAP member periodontists with tools to better communicate with all members of the healthcare team, including the dental hygiene study club modules and opportunities to allow periodontists to position themselves as leaders in their dental communities.

In your opinion, what are some of the biggest challenges facing periodontics today? How do you hope we can address these challenges?

Periodontists are busy, engaged, highly skilled healthcare professionals who care about their patients and their communities. Because of the prevalence of periodontal and peri-implant diseases and conditions, periodontists see patients with a variety of clinical presentations and many of these are chronic, progressive conditions. Therefore, early identification, treatment, and/or referral is critical to the long-term oral and overall health of the patient and the success of periodontal care. Through providing education and serving as a resource to all members of the dental community, the AAP and member periodontists can empower dental healthcare professionals and their patients to seek out periodontal care.

How do you plan to engage younger periodontists and new members of the Academy? What role do you think mentorship plays in the periodontal community?

As an educator, I know that young periodontists are the lifeblood of our profession. The AAP provides support for younger members of the Academy from before they are even accepted into a periodontal program through their sponsorship of the MATCH process and support for identifying programs that may be a good fit for applicants. As student members, educational resources like the AAP Hour

and Education Access modules enhance the educational experience during residency and in 2025 the AAP will host our inaugural AAP retreat for rising third year residents. The AAP also has engaged with over 120 young periodontists through its Leadership, Engagement, Action and Development (LEAD) program focusing on providing mentorship and sponsorship to rising stars in the periodontal community. The AAP has made a commitment to foster positive relationships with younger periodontists starting in residency and continuing throughout their careers!

You have an active social media presence. What is the importance of social media to you, and how do you use social media platforms to engage with other professionals?

Unlike the students and residents that I work with, I am not a technology native, but I like to find fun ways to connect with colleagues, friends, and members of the dental community through my social media (@miagdds). Social media can be a way to keep in touch with people across the globe and offers an opportunity to provide educational material and interesting facts about periodontology to dental healthcare professionals and patients! ■

YOUR ACADEMY AT WORK

Beginning with the first issue of the year, released in March of 2024, *Periospectives* received its largest update in look, feel, and content in over a decade. Those changes were just the beginning.

Digital *Periospectives*

In September, *Periospectives* became available as a mobile-friendly website. This new format makes it easier to read *Periospectives* anywhere, on any device, as well as making it much easier to search for past articles and topics.

This will be followed in 2025 by the biggest change of all—the discontinuation of the printed version of *Periospectives*. A PDF version of the magazine will still be available for download for members who prefer to read *Periospectives* in its original format.

View the reimagined *Periospectives* at periospectives.perio.org ■





American Academy of Periodontology (AAP) awards recognize individuals for contributions to the Academy and the profession of periodontics. Awards are given in several areas: education and mentoring, scientific and clinical research, and service to the AAP and periodontics. A full description of all awards and eligibility criteria is on the AAP website at www.perio.org/for-members/aap-organizational-information/academy-awards/

Call for Award Nominations

YOUR ACADEMY AT WORK

The Academy's objective is to recognize and honor those who move our profession forward.

The Awards Committee reviews all the nominations submitted and nominates members for service awards; the AAP Board of Trustees selects recipients. The Education Committee selects the Outstanding Periodontal Educator, and the Research Submissions Committee selects published articles for research awards.

Please take a moment to nominate a colleague, teacher, scientist, or humanitarian for an AAP award. You can find the award nomination form at www.perio.org/for-members/aap-organizational-information/academy-awards/award-nomination-form/

The deadline for award nominations is **Jan. 31, 2025.**

Questions relating to Academy awards may be directed to Maureen Gallagher, Governance Specialist, or e-mail volunteer@perio.org ■



Volunteer to Serve on an AAP Committee or Task Force Today!

Each year, the Academy conducts its work through the dedicated efforts of volunteer members who serve on AAP Committees and Task Forces. Many positions are open to Active or Life Active members.

There are limited openings for members who have the qualifications, experience, and time that match the committee's needs. If you are interested in serving on a committee, Task Force or Workgroup, please complete an application at www.perio.org/for-members/aap-organizational-information/aap-committees-and-task-forces/

Applications for the In-Service Examination Committee are due Feb. 28, 2025, and all other committees April 30, 2025

We appreciate all you do to support the work of the Academy. For more information, contact Maureen Gallagher, Governance Specialist, at volunteer@perio.org ■

The American Academy of Periodontology
is holding our first Annual Meeting
in Canada in since 2018!



111th Annual Meeting

TORONTO

October 15-18, 2025

The 2025 Annual Meeting will be a new
Wednesday - Saturday format

Learn more at perio.org/ce-meetings

Ask the Board



I heard something about a resident retreat at the Annual Meeting in San Diego. Do you have more information about that?

AAP Student Member- Los Angeles

First of all, thank you for joining us in San Diego. In regards to your question, rising third-year residents are invited to be a part ARRive, an AAP Resident Retreat taking place Aug. 8 – 10, 2025, at the Hilton Palacio del Rio in San Antonio. This inaugural event is open exclusively to third-year residents who hold current AAP Student membership and are in good standing in a CODA-accredited periodontal residency program.

The Academy believes that residents deserve a space for building connections that will pave the way for their future. ARRive will be a weekend retreat where residents will enjoy a carefully curated, interactive program led by esteemed leaders from the AAP, AAP Foundation, and American Board of Periodontology, as well as up-and-comers in periodontics. Through a variety of sessions, engaging discussions, and collaborative activities, residents will gain insights into practice management, patient relationships, and career development.

The retreat includes travel to San Antonio, a hotel for two nights, and meals for all scheduled

activities. Registration hasn't officially opened, but there is a form to sign up for more information as it becomes available at www.perio.org/arrive ■

This is a non-CE event.

Thank you for your interest in ARRive, and I hope to see you there!

Sincerely

Dr. Natalie Frost

District 5

AAP Board of Trustees



Volunteer Activities



The **Research Submissions Committee** served as judges of the Balint Orban Memorial Competition and Research Forum Poster Competition at the Annual Meeting in San Diego. They also met to discuss changes to the Balint Orban Competition eligibility policy.

The **Scientific Strategy Committee** met to discuss next steps for the periodontal disease classification and next Best Evidence Consensus topic.

The **Education Committee** recommended candidates for the next Education Consultant.

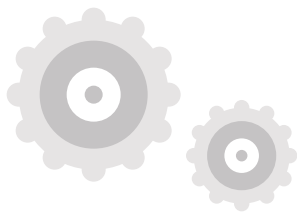
The **In-Service Examination Committee** started work on developing the 2025 In-Service Examination. ■

Update from ADA SmileCon 2024

A group of AAP leadership attended the ADA's SmileCon recent meeting in New Orleans. On Saturday, Oct. 19, the AAP delegation met with representatives from other specialties, including the American Society of Dentist Anesthesiologists (ASDA), the American Dental Society of Anesthesiology (ADSA), and the American Association of Oral and Maxillofacial Surgeons (AAOMS) to discuss mutual areas of interest. In addition, the American Academy of Oral and Maxillofacial Pathology (AAOMP) hosted a gathering of the Dental Specialty Group (DSG) where representatives from all 12 dental specialties assembled to hear from ADA leadership and discuss other relevant items of business. The AAP will proudly host the DSG meeting at next year's SmileCon meeting in Washington, D.C.

On Sunday morning, the AAP's ADA Liaison Committee hosted its annual breakfast for the ADA House of Delegates and Alternate Delegates, led by Chair Dr. Giorgio DiVincenzo. Over the course of two hours, attendees reviewed and discussed ADA resolutions of interest to the specialty of periodontics, heard directly from the five candidates for ADA President-Elect, received an update from ADPAC representatives, and heard the latest activities of the ADA's Council on Government Affairs from AAP member, Dr. Leigh Kent.

The AAP, in conjunction with the ADA Liaison Committee, looks forward to continuing to interact with the ADA to ensure that the specialty of periodontics is well represented. ■



2025 Virtual Insurance Workshops

Looking to expand your coding expertise? Join the AAP's Third-Party Specialist, Michelle Flesch, for the AAP's virtual Insurance Workshops! These live workshops teach attendees how to correctly submit and manage both dental and medical insurance claims. Workshops are intended for office staff and members in private practice.

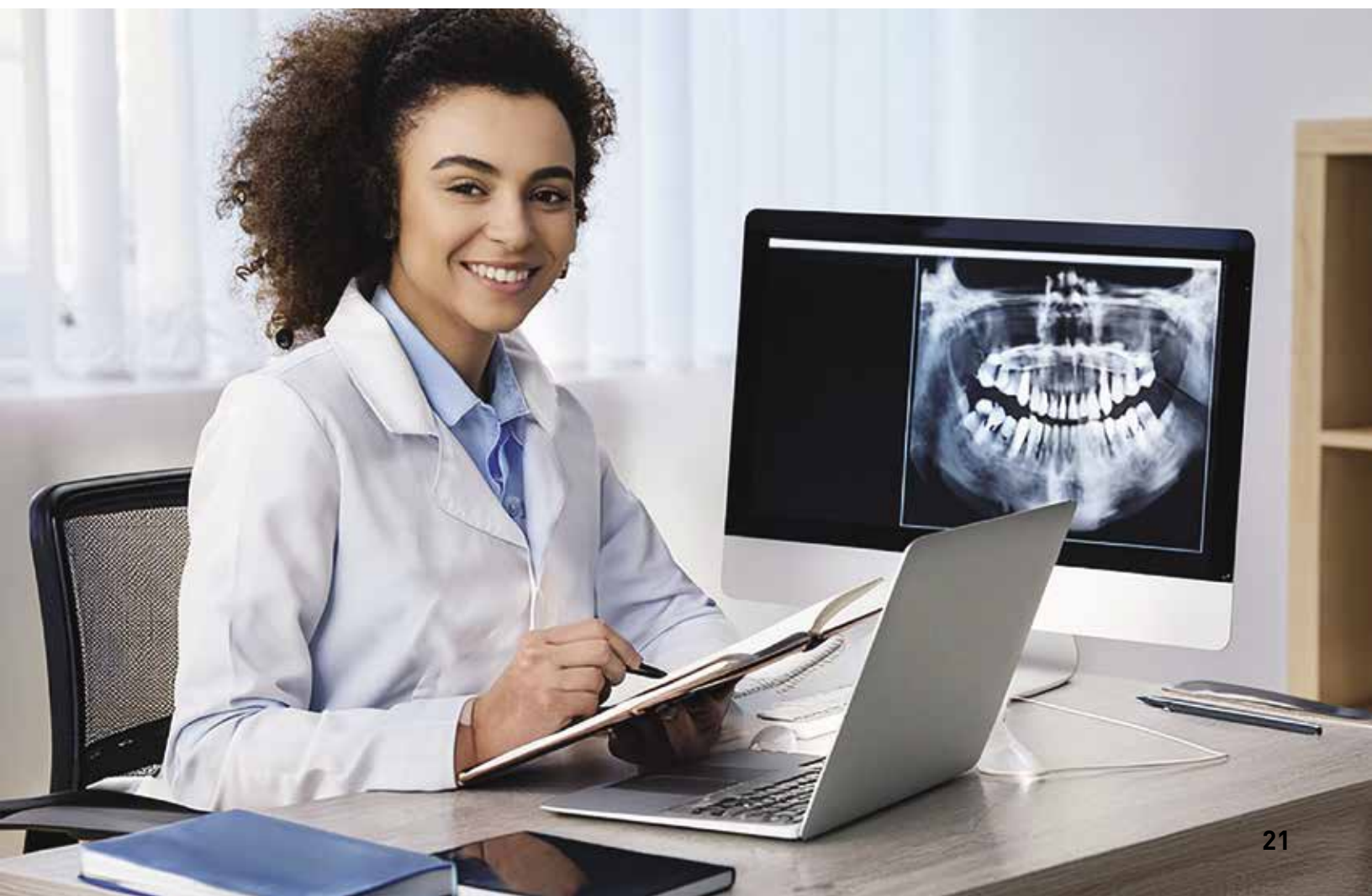
The workshops are held live via Zoom and are offered on the following dates from 10 a.m. – 1 p.m. Central Time:

Dental Insurance Workshop	Registration Deadline
Friday, March 21	Thursday, March 13
Friday, August 15	Thursday, August 7

Medical Insurance Workshop	Registration Deadline
Friday, March 28	Thursday, March 20
Friday, August 22	Thursday, August 14

The American Academy of Periodontology designates this activity for **2.75** continuing education credits.

Find more information about the workshops and register here www.perio.org/for-members/insurance-reimbursement-and-third-party-issues/



Help! How much disability income insurance should I carry if I also have employer group coverage through my work?

Contributed by

Shawn M Johnson, ChFC®, CLU®, CLTC

Vice President, Business Development
Treloar & Heisel, Inc.

I get disability insurance through my employer. Do I even need to look at getting my own disability income insurance? If yes, why? How much do I need, and what kind?"

Have these questions been on your mind, too? We frequently get questions identical to this from doctors, many of whom work for a large employer, and who receive some form of disability insurance as part of their benefit package. I thought I'd sort out some common sources of confusion and address several of the top questions we receive about disability income insurance for doctors.

Isn't my disability insurance through work, the same thing as the disability insurance that I can get on my own?

First, I don't know what kind of insurance your employer offers. However, I'd say don't mistake your employer disability coverage with individual disability income coverage. The first thing that confuses almost everyone has to do with terminology: your employer most likely offers a kind of disability insurance called Long Term Disability coverage (or "LTD" for short). Unfortunately, this is often simply called "disability insurance" which is what confuses people when they realize you can also buy individual disability income insurance (called "DI" or "IDI" for short).

LTD is a benefit that is purchased at the group level by employers for the employees of that organization. Basically, it offers employees access to long term disability benefits should you have a need for income protection while you are an employee at your current place of employment.

IDI on the other hand, is sold to individuals — physicians, dentists, or other professionals, and while group long term disability insurance may be offered as an employee benefit, IDI may have much more robust benefits.

What's better? My employer group disability policy, or the one I buy myself?

Ultimately, it's impossible for anyone to say whether the specific LTD policy that your employer offers is suitable, good/bad, or to qualify it in any way. One would have to read the contract to get a good sense of what it covers.

But one thing to consider about employer-provided group long term disability policies is that often it is not portable. In other words, if you change employment, you may not be able to take the coverage with you.

Another thing to determine about your employer-provided group long term disability is if the premiums for the coverage are being deducted or paid with pre-tax dollars by your employer. You should consult your tax advisor, but often if the premiums have been deducted, any benefits you could receive while disabled could be taxable. That, of course, would translate to a reduction in the actual benefit amount you receive.

Here are the advantages of buying your own individual disability income policy:

1. It's yours to keep, as long as you pay your premiums, up to the contract period (often age 65).

“

One of the things you need to keep in mind is that individual disability income insurance is priced based on your age and health. The younger (and presumably healthier) you are, the more affordable it is, so there's never a better time to get it than now.

2. You get to customize it to meet your needs, so you have much more control over its design, how much benefit you need, and many other policy features (called riders) like inflation protection, the ability to increase coverage without medical underwriting, and more.
3. It can “grow” with you as your career and income grows.
4. If you pay your premiums with after-tax dollars, your benefit should be tax free to you. *

One of the things you need to keep in mind is that individual disability income insurance is priced based on your age and health. The younger (and presumably healthier) you are, the more affordable it is, so there's never a better time to get it than now. This is why we encourage doctors to buy individual disability income while they are still in residency or at the beginning of their professional career. Even a small policy you secure as a resident can be expanded as your career evolves. Once you buy it, you can “lock in” discounts and look to enhance the coverage in the future. If you decide not to buy, and then experience some health changes, you may find it difficult to qualify for this insurance later in your career.

Should I opt out of employer-provided disability insurance?

No, to the contrary. If your employer is providing you a good benefit at no cost or a very affordable price, you should consider taking advantage of it. We also believe that it makes sense to have a foundation of individual disability income coverage as your primary income protection and treat the group employer coverage as a supplemental tool. This way, you have peace of mind that you are covered, even if you change your place of employment, and your employer-provided insurance may enhance or potentially fill a gap in coverage.

It is important to note that employer-provided Long Term Disability Insurance may have a number of disadvantages, thus making it better suited to supplementing an individual disability insurance policy:

1. You may not have portability with a group long-term disability plan.
2. The insurance company typically can make changes to the plan at any time.
3. Your employer could change the plan or eliminate the plan.

OK, so now can you answer how much individual IDI I can buy, given that my employer also offers disability insurance?

It really depends. Doctors who apply for IDI are often surprised as to how much individual coverage they can obtain. “Replacement limits” (meaning how much of your income you

can “replace” with individual, and group LTD coverage combined) are always changing, but at the time of this writing (and in our experience to date) these ratios are fairly liberal. It's worth checking out for sure.

If I do decide to buy individual IDI as my “base policy” where should I begin?

As I mentioned, the industry is constantly changing, but you're curious as to what is available to you, ask your insurance advisor. Hopefully you are working with an advisor who is experienced with the needs of physicians and dentists, so that they can give you the kind of guidance you need. Your advisor should be able to look at what's available to you in the insurance market for individual disability income insurance, and coordinate that with your employer provided group coverage. To get a better grasp on what's in your employer-provided group policy, contact your HR or benefits department and request a copy of your policy documents.

Final words of advice

Before you go, I want to leave you with this summary. Are you “all set” if you only have employer-provided DI? I'd say probably not. Even if you have underlying group coverage, it may not be portable, it may not be enough coverage, and it may or may not be taxable to you. That's a lot of unknowns.

On the other hand, it doesn't hurt to look into an individual disability income insurance policy, or to have your existing policy reviewed by an insurance advisor. A competent and experienced professional should be able to read your policy documents and point out any potential gaps. Best case scenario, you'll identify an opportunity to augment your individual coverage, which is only to your advantage.

Most people think that a disability is not something that will happen to them, but our experience is that it happens more than you know. The power to protect your income in the face of illness or prolonged absence from the workforce is well worth the small amount of effort it takes to investigate this matter. As always, if you have any questions, don't hesitate to contact us. We'd be happy to help you.

**This does not constitute tax advice: make sure to consult your tax advisor.*

About Treloar & Heisel

Treloar & Heisel, an EPIC Company, is a financial services provider to dental and medical professionals across the country. Our insurance and wealth management divisions assist thousands of clients from residency through retirement. We strive to deliver the highest level of service with custom-tailored advice and a strong national network. ■

FOR YOUR PRACTICE

Ask the Coding Coach

Every Jan. 1, any changes to the CDT codes made by the American Dental Association's Code Maintenance Committee become effective. There were no changes made to the Periodontics category this year, but there have been changes in other areas that a periodontal office will be using on a regular basis.

In the Implant Services category, there have been several changes. Through an addition and a revision, maintenance of hybrid prostheses is more specific as to what type of procedure is being performed. One is used when the prosthesis is removed; the other when the prosthesis is not removed. The procedure becomes more involved when removal and reseating the hybrid as well as cleansing the exposed implants. Distinguishing between these two will better describe the procedure being performed.

Implant Services

The following code is a new addition:

D6190 Implant maintenance procedures when a full arch fixed **hybrid** prosthesis is not removed, including cleansing of the prosthesis and abutments.

This procedure includes active debriding of the implant(s) and prosthesis. The patient is also instructed in thorough daily maintenance of the implant(s).

The following code is a revision of the existing code:

D6080 implant maintenance procedures when a full arch fixed **hybrid** prosthesis is removed and reinserted, including cleansing of the prosthesis and abutments.

This procedure includes active debriding of the implant(s) and examination of all aspects of the implant system(s), including the occlusion and stability of the superstructure. The patient is also instructed in thorough daily cleansing of the implant(s).

Also in the Implant Services category, there is one other addition and several revisions.

The following code is a new addition:

D6193 replacement of an implant screw.

The following codes are revisions of existing codes:

D6011 surgical access to an implant body (second stage implant surgery)

This procedure, also known as second stage implant surgery, involves removal of tissue that covers the implant body so that a fixture of any type can be placed.

D6081 scaling and debridement of a single implant in the presence of mucositis, including inflammation, bleeding upon probing and increased pocket depths includes cleaning of the implant surfaces, without flap entry and closure.

This procedure is not performed in conjunction with D1110, D4910, or D4346

D6090 repair of implant/ abutment supported prosthesis.

Also, code **D6095** repair implant abutment, by report, was removed from the code set.

Oral and Maxillofacial Surgery

The Oral and Maxillofacial Surgery category also has changes to note. The AAP submitted a request for a new code which describes the partial extraction technique for implant placement. It was accepted but was placed in the oral surgery category as a new code. A second addition is a code for nerve dissection.

The following codes are new additions:

D7252 partial extraction for immediate implant placement

Sectioning the root of a tooth vertically, then extracting the palatal portion of the root. The buccal section of the root is retained to stabilize the buccal plate prior to immediate implant placement. Also known as the Socket Shield Technique.

D7259 nerve dissection

Involves the separation or isolation of a nerve from surrounding tissues. Performed to gain access to and protect nerves during surgical procedures.



There are other codes changes in various categories that you need to be aware of. These include:

Restorative

The following code is a revision of the existing code:

D2940 placement of interim direct restoration

Direct placement of restorative material to protect tooth and/or tissue form. This procedure may be used to relieve pain, promote healing, manage caries, create a seal for endodontic isolation, or prevent further deterioration until definitive treatment can be rendered. Not to be used for endodontic access closure, or as a base or liner under restoration.

Adjunctive General Services

The following codes are new additions:

D9913 administration of neuromodulators

D9914 administration of dermal fillers

Sleep Apnea Services

The following code is a new addition:

D9959 unspecified sleep apnea services procedure, by report

“Sleep related breathing disorders” was also added to the descriptor for **D0160** detailed and extensive oral evaluation – problem focused, by report.

It is important to be familiar with changes to CDT, and it's highly recommended to buy the *CDT 2025* book as well as the *Coding Companion*, published by the ADA. The *Coding Companion* has excellent scenarios and FAQs to help ensure correct coding. The AAP's Third-Party Specialist is also available to answer any questions you might have. ■

ADA CDT 2025 Code Changes

Details of the new and updated CDT codes that go into effect on Jan. 1, 2025, can be found in AAP Connect.

Be sure to review this resource periodically to stay up to date on procedure codes.

Submit your third-party questions to **insurance@perio.org**.

Members with coding questions or difficulties with insurance claims can also contact the AAP's third-party specialist at 312-573-3241 or **michellef@perio.org**.

Dental Hygiene Engagement Initiative

Do you want to position yourself as a periodontal expert in front of dental hygienists in your local area? Become an AAP Dental Hygiene Study Club host! As a Study Club host, you get access to a slate of resources to help you facilitate a dental hygiene study club in your local area.

Study Club resources include video modules to use as the main presentation during your study club meetings, best-practice resources on how to build and sustain a successful dental hygiene study club, invitation templates, and promotional materials, all designed to make hosting a dental hygiene study club easy for you, the Study Club host.

Interested in hosting an AAP Dental Hygiene Study Club? Visit dentalhygiene.perio.org

Check Out Our New Study Club Modules!

The AAP is pleased to announce two brand-new Study Club modules!

The module "Up in Smoke: Smoking, Vaping, Cannabis Use and Oral Health" is presented by Dr. Mia L. Geisinger and explains the current epidemiologic trends in cigarette, e-cigarette and cannabis use and reviews the scientific evidence related to the effects of its use, as well as offering examples of how dental professionals can best counsel their patients on tobacco cessation.

The module "The Chronic Disease No One is Talking About" is presented by Katrina Sanders and Dr. Mia L. Geisinger and reveals the chronic disease no one is talking about as well as offers effective treatment solutions for this pervasive disease.

Renewals

Study Club hosts who need to renew their subscription to the Dental Hygiene Study Club will be notified via email. Subscriptions can be renewed online by logging into your profile on perio.org or by contacting the AAP at 312-787-5518. ■

Thank you to Philips Oral Healthcare for sponsoring the AAP 2024 Dental Hygiene Engagement Initiative.

PHILIPS



And that's a wrap! Throughout 2024, you got to know Demetrius Harmon, Dr. Kristen Richey, Dr. Donna Klauser, and Dr. Wayne Aldredge. Now, we've reached the end of the Gen You journey, let's recap on the four individuals and their journeys below:

MEMBERSHIP MATTERS



Demetrius Flood MPH, MBS
Student • DSIG member since 2022

Initially pursuing two master's degrees before dental school, Demetrius' focus shifted toward periodontics after hearing his mentor Dr. Paul Levi Jr.'s words, "The periodontium is the foundation of the mouth." This

resonated with him, leading him to explore the specialty through shadowing and research. His involvement with the Academy and access to resources like the *Journal of Periodontology* (JOP) and the Dental Student Interest Group (DSIG) deepened his knowledge and shaped his future research in periodontics.

Looking ahead, Demetrius plans to practice in the Greater Seattle area, gaining clinical and management experience before opening a multi-specialty group practice. He also hopes to return to academia to mentor the next generation of dental professionals. Throughout his career, Demetrius shared that he will continue to utilize AAP resources, including the Annual Meeting and the LEAD program, to support his ongoing growth as a clinician and leader.



Dr. Donna Klauser, a periodontist with 24 years of experience, is the proud owner of Arcadia Perio Care in Southern California. After completing her postdoctoral training at UCLA, Dr. Klauser established a thriving practice. Beyond her clinical work, Dr. Klauser is committed to making a difference in her community through her nonprofit, ChangetheRX, which distributes free Narcan to families in California to prevent accidental fentanyl poisoning.

Looking to the future, Dr. Klauser is focused on expanding her advocacy efforts. She plans to continue collaborating with colleagues, many of which she's connected with through the AAP, to further strengthen the profession and work on initiatives with organizations like the ADA and CDA. Dr. Klauser is ready to continue making a positive impact both in her practice and in the wider periodontal community.



Dr. Kristen Richey, DDS
Resident • Student member since 2022

Dr. Kristen Richey, a second-year resident at the University of Pennsylvania, has been involved with the Academy since dental school. Knowing early on that she wanted to specialize in periodontics, Dr. Richey joined the

AAP to connect with professionals in the field and stay updated on the latest advancements. Over the years, her involvement has only grown, and she continues to attend the AAP Annual Meetings, which have become an important setting for her to network and learn.

As Dr. Richey gets closer to finishing her residency, she's found value in the resources the Academy offers. From access to continuing education and scientific journals to the supportive community of periodontists, Dr. Richey has relied on the Academy to enhance her knowledge and professional connections. One of the most helpful tools during her residency has been the AAP Career Center, which she plans to use as she searches for a job post-residency. She's also looking forward to using the Member Directory and networking at future Annual Meetings to connect with potential employers in private practice.

Dr. Donna Klauser DDS, FACD
Practice owner
Active member since 1997



Dr. Wayne Aldredge, DMD
Past AAP President
Active member since 1995

Dr. Wayne Aldredge, a private practitioner in Holmdel, New Jersey, began the Gen You journey celebrating his 25th year as a periodontist. Throughout his career, he has been an active member of the Academy. He

started his involvement on the New Membership Committee over two decades ago, and attributes much of his success to the Academy.

He shared that the Annual Meetings offer a platform for open discussion and collaboration, where attendees share successful techniques, discuss challenges, and exchange insights on everything from grafting methods to insurance strategies.

The Academy's educational content, such as the insurance workshops and research studies in JOP, has helped Dr. Aldredge stay current with periodontics. He utilizes this information to educate his local network of general dentists.

Additionally, the AAP Dental Hygiene Study Club has supported Dr. Aldredge with high-quality content, allowing him to facilitate his very own educational and collaborative study clubs. He values the Dental Hygienist Recognition Program, which strengthens relationships with dental hygienists and enhances patient care. Looking ahead, he is committed to using these resources to ensure the next phase of his career is as successful as the first. ■

MEMBERSHIP MATTERS

Education Updates

Thank you to the 190 educators who attended the 2024 Annual Meeting Educator Symposium, “**Say Hi to AI - Exploring the Role of AI in Periodontal Education.**”



The event was moderated by Drs. Philip Kang and Sejal Thacker. Drs. Anita Samuel, Gulsun Gul, Chun-The Lee, Alex Lin, Anuja Doshi, Bob Faiella and Jeremy Kernitsky explored the many ways AI can be utilized by educators and clinicians, as well as AI policy in individual states.

Following the event, Dr. Monica Gibson was elected to be the vice chair of the predoctoral education committee and Dr. Alex Gillone was elected to be the vice chair of the postdoctoral education committee. ■

Thank you to parodontax and Philips Oral Healthcare for sponsoring this event

Perio people on the move

The following individuals have been named Postdoctoral Program Director:

Binnaz Leblebicioglu, DDS, MS, PhD
The Ohio State University

Ahmed El-Awady, BDS, PhD
Augusta University Dental College of Georgia

Lorenzo Mordini, DDS, MS
Boston University

David Wu
Harvard University

Michael Schmerman, DDS
University of Illinois at Chicago

The following individuals have been named Predoctoral Program Director:

Celine J. Cornelius Timothius, BDS
Augusta University Dental College of Georgia

Ryma Kabir, DMD
Universite de Montreal

John G. Virag, DMD, MSD
University of Louisville

Livia Valverde, DDS
Tufts University

The following individuals have been named Chair:

Henry Foerster, DMD, MS
Airforce - Wilford Hall Ambulatory Surgical Center

Hua-Hong, DDS, PhD
Medical University of South Carolina

The following individual has been named Dean:

Edward Karateew, DDS
Marquette University

The AAP's **e-Learning Center** offers **24/7 access** to web-based and on-demand periodontal **continuing education (CE)**.



**e-Learning
Center**

Session recordings from the Academy's 2021 meeting in Miami Beach, the 2022 meeting in Phoenix, and the 2023 meeting in Austin are available in the AAP's e-Learning Center.

2024 Annual Meeting content coming soon!



Be sure to check out our updated e-LC user experience!



CE topics include:

- Periodontal Plastic and Soft Tissue Surgery
- Treatment of Periodontal Diseases and peri-Implant Diseases
- Emerging Concepts and Innovative Therapies
- Interdisciplinary Therapy
- Implants, Tissue Engineering, and hard Tissue Reconstruction
- Leadership, Personal, and Practice Development

ADA C.E.R.P.[®] | Continuing Education
Recognition Program

The American Academy of Periodontology is an ADA CERP[®] Recognized Provider

Visit **e-learning.perio.org** to view course descriptions, speaker information, and educational objectives.

MEMBERSHIP MATTERS

Welcome New Members

Congratulations to the new members of the Academy who joined between Aug. 15, 2024 and Nov. 8, 2024

New Member	Location	Category
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District 1

Mustafa Al Azzawi	Boston, MA	STUDENT
Lulu Al-Faraj	Boston, MA	STUDENT
Ali Ali	Philadelphia, PA	STUDENT
Ghaida Abdalnasser Alkheraif	Boston, MA	STUDENT
Dimitrios Charoulis	Philadelphia, PA	STUDENT
Camille Cote-Laroche	Québec, Canada	STUDENT
Ramin Foroughi	Boston, MA	ACTIVE
Yueqi Gao	Boston, MA	STUDENT
Ghazzal Ghonaim	Somerville, MA	STUDENT
Myrna Karina Gonzalez Cantu	Boston, MA	STUDENT
Jiahui Huang	Belmont, MA	STUDENT
Gyuhua Jang	Boston, MA	STUDENT
Ainsley Macintyre	Bedford, Canada	STUDENT
Joseph Montesano	Brookline, MA	STUDENT
Marques Robinson	Boston, MA	STUDENT
Ben Swanson	Boston, MA	STUDENT
Martin Talia	Boston, MA	STUDENT
Peerapol Tevavichulada	Boston, MA	STUDENT

District 2

Hussain Aljubran	Philadelphia, PA	STUDENT
Madawi Alhabib	Philadelphia, PA	STUDENT
Azzam Almeshrafi	Philadelphia, PA	STUDENT
Rasika Jagtap	Hanover, MD	STUDENT
Ahsan Khan	Morgantown, WV	STUDENT
Richard J Kuntz	Baltimore, MD	ACTIVE
Ernesto A Lee	Bryn Mawr, PA	ACTIVE
Shahram Lenjani	Potomac, MD	ACTIVE
Pablo A Lopez Galindo	Pittsburgh, PA	STUDENT
Vinay Madavan	Baltimore, MD	STUDENT
Hazem Mowafy	Du Bois, PA	ASSOCIATE
Sarah Pham	York, PA	ACTIVE
Zainab Riadh	Morgantown, WV	STUDENT

District 3

J'Nelle Leslie Delica	Loxahatchee, FL	ACTIVE
Nathan Dennis	Vestavia Hills, AL	STUDENT
Maya Fedhila	Chapel Hill, NC	STUDENT
Elizabeth Horta	Hialeah, FL	STUDENT
Shakeel Khan	Fort Lauderdale, FL	ACTIVE
Neshatafarin Manouchehri	Davie, FL	STUDENT
R Christine Sulzer	Chapel Hill, NC	STUDENT

District 4

Sergey Dolgov	Mankato, MN	ACTIVE
Joshua Graham	Southfield, MI	STUDENT
Patrick Hoerning	Saint Louis, MO	STUDENT
Amy Li	Troy, MI	STUDENT

New Member	Location	Category
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Sean Powell	Blue Springs, MO	STUDENT
Ardeshir Raghian	Chicago, IL	ACTIVE
Tanner Robert	Cape Girardeau, MO	STUDENT
Jeffrey Rogers	Iowa City, IA	ACTIVE
Jody Schilling	Madison, WI	ACTIVE
Caroline Stark	Saint Louis, MO	STUDENT

District 5

Aml Abukraa	Houston, TX	STUDENT
Walter Annor Ackah	Cypress, TX	ACTIVE
Anthony Morrell	Dallas, TX	STUDENT
Andrew G Ramirez	Houston, TX	STUDENT

District 6

Steve Aeschliman	Spokane, WA	ACTIVE
Saeed Alqahtani	Loma Linda, CA	STUDENT
Fatemah Alsafi	Los Angeles, CA	STUDENT
Ryan Axtell, DDS	Portland, OR	STUDENT
Samuel Cassani	Oakland, CA	ASSOCIATE
Warda Chekh Akhmad	Ottawa, Canada	STUDENT
Christopher Cho	Rancho Palos Verdes, CA	STUDENT
David Daniali	Portland, OR	STUDENT
Roxanne Koistinen	Portland, OR	STUDENT
Andie Lee	Everett, WA	ACTIVE
Tannaz Z Malekzadeh	Scottsdale, WA	ACTIVE
Shervin Molayem	Beverly Hills, CA	ACTIVE
Kyung P Nam	San Jose, CA	ACTIVE
Roya Niakiani	San Diego, CA	ACTIVE
Jun Sang Park	Los Angeles, CA	ACTIVE
Huy Pham	San Jose, CA	ACTIVE
Joshua Shayefar	Los Angeles, CA	ACTIVE
Cathleen Silliman	San Diego, CA	ACTIVE
John Snowden	Marina Del Rey, CA	ACTIVE
Christopher Sprott	Boise, ID	ACTIVE
Jack Wasserstein	Valencia, CA	ACTIVE
Alaa Yassin	Seattle, WA	ACTIVE
Klaus M Yi	Rancho Mirage, CA	ACTIVE
Xinyuan Yang	Chino Hills, CA	STUDENT
David C Yu	San Diego, CA	ACTIVE

District 7

Michael E Abrams	Brooklyn, NY	ACTIVE
Laura Altawil	New York, NY	STUDENT
Bruno Balassiano	New York, NY	STUDENT
Daniel Berant	New York, NY	ACTIVE
Danielle Feldman	Woodmere, NY	STUDENT
Tamar Friling	Tenafly, NJ	ACTIVE
Stuart J Heimann	New Hyde Park, NY	ACTIVE
Syeda Mahbub	Stony Brook, NY	STUDENT

New Member	Location	Category
Cameron Mahone	New York, NY	STUDENT
Joshua Penners	Irvington, NY	STUDENT
Jeffrey C Rosario	Commack, NY	ACTIVE
Sam Roth	Lawrence, NY	STUDENT

District 8

Anna Olson	Schertz, TX	STUDENT
Hannah Sutherland	San Antonio, TX	STUDENT
Christine Zmuda	San Antonio, TX	STUDENT

INTERNATIONAL MEMBERS

New Member	Location
Kevimy Agossa	Lille, France
Jassim Al-Abdulla	Doha, Qatar
Hani Almoharib	Riyadh, Saudi Arabia
Ahmed Al-Momani	Doha, Qatar
Jassem Alsharah	Kuwait City, Kuwait
Djilali Berkane	Paris, France
Bryanna Cabariti	Uberlandia, Brazil
Montserrat Cortes Vargas	Victoria, Canada
Omar Espinosa	Tijuana, Mexico
Daniel Fortino	Ancaster, Canada
Taku Fujimoto	Inagishi, Japan

INTERNATIONAL MEMBERS

New Member	Location
Sack Igarashi	Port Coquitlam, Canada
Andrea Johnstone	Aurora, Canada
Masahiko Kido	Fukuokashi, Japan
Ryuten Ko, DDS	Kazunoshi, Japan
Jana-Marie Danielle Koylass	San Fernando, Trinidad and Tobago
Hanna Kruk	Vincennes, France
Payam Matin	Vancouver, Canada
Bryce McDougall	Calgary, Canada
Nathalie Christine Pauletto	Burnaby, Canada
Mindy Pho	Guelph, Canada
Mohammad Qali	Kuwait City, Kuwait
Nina Sidiropoulou	Amsterdam, Netherlands
Ira Sy	Richmond, Canada
Andrea Martinez Taboada	Mexico City, Mexico
Aneesha Taneja	Richmond, Canada
Vuthy Thann	Phnom Penh, Cambodia
Takafumi Ueyama	Miyazaki, Japan

INTERNATIONAL STUDENT MEMBERS

New Member	Location
Anas Elharathi	Benghazi, Libya
Lais Nakao	Suzano, Brazil
Manish Rathi	Gurugram, India



2024 Signature Diamond Sponsors

The AAP thanks its Signature Diamond Sponsors for their generous support in 2024.



2024 LEAD Program

On September 20-22, 2024, the AAP held its seventh Leadership, Engagement, Action, and Development (LEAD) Program. 15 participants, who have been recognized as up-and-coming leaders in periodontics, came together for an interactive two days of learning, discussion, and networking.

Participants enjoyed discussion sessions with some of the most respected leaders in the specialty. Focused on leadership development in practice, academics, science, and organized dentistry, discussion topics ranged from building a successful practice to becoming an elected AAP officer.

The AAP is proud to support the participants in their journey to become the next-generation leaders in periodontics. Congratulations LEAD class of 2024!

Dr. Aaron Colamarino
Dr. Andrew Brodsky
Dr. Antonella A. Botto
Dr. Bradley Lander
Dr. Elli Anna Kotsailidi
Dr. Erin Breen
Dr. Farah Fahimipour
Dr. Jared Beck
Dr. Jennifer Chang
Dr. Lan-Lin Chiou
Dr. Muhammad Saleh
Dr. Panos Afouxenides
Dr. Rika Ohara
Dr. Shayan Barootchi
Dr. Shi Yin

Thank you to the AAP Foundation, Colgate-Palmolive Company, and Nobel Biocare for sponsoring the 2024 LEAD Program.

Want to be considered for next year's LEAD program? The nomination period opens in early 2025. Visit perio.org to learn more! ■



MEMBERSHIP MATTERS

Congratulations to the following Program Directors on 100% Participation!

There are many reasons why periodontal program directors across the United States and Canada have encouraged their students to join the Academy.

This year, 44 periodontal program directors have ensured that 100% of their students enrich their career opportunity by joining the AAP.

Student members receive the same benefits as Active members at a fraction of the cost, which eases their financial burden as they are beginning their periodontal careers. AAP membership offers them the full networking and resource support enjoyed by those whose careers are more established.

Congratulations to the program directors for encouraging their students to take

advantage of all that the AAP has to offer. The following participating periodontal programs are building the future of periodontics. ■

Periodontal Program

University of Alabama
University of Alberta
University of British Columbia
University of California (LA)
University of California (SF)
Case Western Reserve University
Columbia University
University of Colorado
University of Connecticut
Dalhousie University
University of Detroit
Harvard School of Dental Medicine
Indiana University
University of Iowa
Loma Linda University
Louisiana State University
University of Louisville
Marquette University
Medical University of South Carolina

University of Manitoba
University of Minnesota
Mayo Graduate School of Dental Medicine
University of Missouri (Kansas City)
University of Nebraska
University of North Carolina
Nova Southeastern University
Ohio State University
Oregon Health and Science University
University of Puerto Rico
University of Rochester
University of Southern California (LA)
Stony Brook University
University of Tennessee
Texas A&M University
Tufts University
University of Pittsburgh
University of Texas-San Antonio
University at Buffalo
US Navy Bethesda
VA Indianapolis
Veterans Administration, Los Angeles
Veterans Administration New York
University of Washington
Wilford Hall Ambulatory Surgical Center



AAP MEMBERS:

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The 15th International Symposium on
Periodontics and Restorative Dentistry



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and program, visit:
quint.link/isprd25

15TH INTERNATIONAL SYMPOSIUM ON
PERIODONTICS & RESTORATIVE DENTISTRY

ISPRD25

JUNE 12-15 • BOSTON

Presented by:



QUINTESSENCE PUBLISHING

Co-sponsor:



Educational
partners:



MEMBERSHIP MATTERS



of AAP Membership

Congratulations to the following members on reaching the milestone of 60+ years of membership with the American Academy of Periodontology! The Academy acknowledges and appreciates their dedication and commitment to the specialty of periodontics.

Name	Years of Membership	Year Joined
Earl W Ah Moo, DDS	60	1964
Leonardo A Alvarez P, DMD	60	1964
George R App, DDS, MS	60	1964
Umberto Bar, MD, DMD	60	1964
Erwin P Barrington, DDS	61	1963
Jerome Bartwink	61	1963
Norman G Becker Jr	62	1962
Sheldon D Benjamin, DMD	63	1961
John R Billen, DDS, MSD	60	1964
Gerald M Bowers, DDS	62	1962
Charles M Bress, DDS	61	1963
Philip S Caplan, DDS	60	1964
Fermin A Carranza, DDS	66	1958
Eleanore Cornish, DDS	69	1955
Milton M Dines, DDS	61	1963
H L Diversi Jr, DMD, MSD	60	1964
James R Easley, DDS, MSD	60	1964
Lucina Ejercito-Goitia, DMD	62	1962
Sidney S Friedman Jr, DDS	69	1955
Dennis R Galanter, DDS	61	1963
David H Gordy, DDS	61	1963
Charles J Graham, DDS, MS	60	1964
Richard L Helburn, DDS	60	1964
Edward Herrman, DDS	60	1964
Harold L Horton, DMD	60	1964
James Bickle Houser III, DDS	60	1964
Willis B Irons, DDS	60	1964
Irving A Karel, DDS	61	1963
Matthew Kessler, DDS	60	1964
James W Knowles, DDS	60	1964
J David Kohn, DDS	61	1963
William C Lundquist, DDS	63	1961
James D Lytle, DDS, MSc	61	1963
Richard W Marcus, DDS	62	1962
Robert M Marks, DDS	60	1964
Moyses Moreinos	62	1962
Marvin N Okun, DDS	67	1957
Robert E Oslar, DDS	68	1956

Name	Years of Membership	Year Joined
Joseph E Maybury, DDS	60	1964
Herman Mintzer	61	1963
Clodomiro Mora, DDS	62	1962
Moyeses Moreinos	62	1962
Marvin N Okun, DDS	67	1957
Robert E Oslar, DDS	68	1956
Claude Pallanca, DDS	60	1964
Max J Perlitsh, DMD, MS	60	1964
Elmer L Popov	62	1962
Charles M Reeve, DDS, MS	60	1964
Morton G Rivo, DDS	61	1963
Gerald Rosen, DDS	61	1963
Marvin M Rosenberg, DDS	61	1963
Thomas Salimeno Jr	61	1963
Robert G Schallhorn, DDS,MS	60	1964
Richard A Shick, DDS, MS	62	1962
Alan M Shuman, DMD	60	1964
Stanley M Stoller, DDS	61	1963
Justin D Towner III, DDS	63	1961
George I Uohara	60	1964
Juan Villavicencio, DDS	61	1963
Gerald S Wank, DDS	65	1959
E A Warren, DDS	60	1964
Edwin J Zinman, DDS	60	1964

Perio People *you* should know



Gold Medal Award for Excellence in Dental Research Recipient- Dr. William Giannobile

The ADA Gold Medal Award for Excellence in Dental Research was presented to Dr. William Giannobile, Dean of the Harvard School of Dental Medicine. This prestigious award, established in 1985 and sponsored by the ADA in collaboration with Colgate, recognizes individuals who have significantly advanced the profession of dentistry or improved public oral health through basic or clinical research. Dr. Giannobile's extensive work in bone and tissue regeneration has profoundly impacted periodontal therapy and dental implantology.

Norton M. Ross Award for Excellence in Clinical Research Recipient- Dr. Yvonne L. Hernandez-Kapila

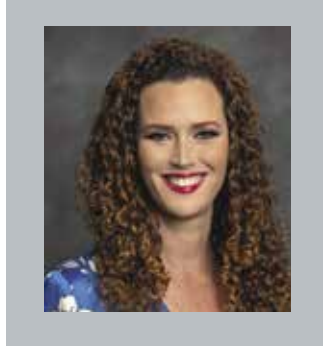
The ADA Norton M. Ross Award for Excellence in Clinical Research was presented to Dr. Yvonne L. Hernandez-Kapila, a professor at the University of California, Los Angeles. This award acknowledges individuals who have made significant contributions to clinical investigations advancing the diagnosis, treatment, and prevention of craniofacial, oral, and dental diseases. Dr. Hernandez-Kapila's research has led to advancements in diagnosing and treating periodontal diseases and oral cancer, significantly influencing clinical practices and patient outcomes. ■



Advocating *for* Perio



Dr. Leigh Kent



Dr. Jessica Stilley

Learn more about whose advocating on your behalf from **Drs. Leigh Kent** and **Jessica Stilley** who serve in various volunteer roles with the American Dental Association (ADA).

Dr. Leigh Kent

What positions, past and present, do you hold on to the various ADA Councils, Committees, and Commissions? How do these roles benefit the dental profession?

I am presently serving as Chair of the Council on Government Affairs (CGA). This is my fourth year on this Council. In addition, I am presently the Chair of the State Public Affairs (SPA) oversight workgroup, a liaison to American Dental Political Action Committee (ADPAC), as well as serving on the Employee Retirement Income Security Act (ERISA) Task Force along with Dr. Stilley. I also served four years on the Council on Dental Practice (CDP). Advocacy is essential for the rights of patients and dentists as well as advancing the field, improving outcomes and accessibility.

What does advocacy mean to you?

Advocacy is promoting policies that stand up for patient rights and fair treatment for dentists. As different pressures are placed on our profession, advocacy allows us to rapidly respond as well as be a resource to educate state and federal legislators and agencies. This gives us voice and representation for present issues such as dental insurance reform, workforce shortages and student debt. It has also meant prevention of ineffective policies and laws from going into effect in the past such as prevention of the elimination of the cash method of accounting which allowed dentists to continue paying taxes on revenue they receive, versus what they bill to patients.

In addition to your ADA involvement, are there any local initiatives you participate in to advocate on behalf of periodontics?

Locally, I chair my own state's Task Force on Insurance Reform. This benefits patients in maximizing their premiums for the care as well as helping all dentists better care for their patients.

What tools do you use when advocating on behalf of periodontics?

There are many tools available for periodontists to use including serving as state and ADA leaders, being on organized dentistry's coalition calls, signing on to letters, contributing to ADPAC, sending periodontists to Lobby Day and responding to Action Alerts. These are good tools to improve our voice through better unity and collaboration.

Dr. Jessica Stilley

What positions, past and present, do you hold on to the various ADA Councils, Committees, and Commissions? How do these roles benefit the dental profession?

I served as a member of the council for dental benefit programs (CDBP) from 2019 to 2023, and I was Vice Chair from 2021 to 2022 and chair from 2022 to 2023. I was also a member of the Code Maintenance Committee from 2019 to 2023 and Chair of that committee 2023. I now serve with Dr Kent on the ERISA task force, and I am a member of the DeCC which is the Dental Content Committee. These roles are pertinent to the third-party payor landscape and how insurance companies work with practitioners.

What does advocacy mean to you?

Advocacy to me means protecting and preserving the profession of dentistry in a manner that upholds our standards but also opens conversations to allow for changes in technology and practice modalities. Dentistry continues to grow and change. Our advocacy efforts allow us to embrace these changes in ways that still protect our patients with solid standards of care.

In addition to your ADA involvement, are there any local initiatives you participate in to advocate on behalf of periodontics?

Locally I am a legislative contact dentist for a Florida State senator. This allows me one on one contact with a legislator to discuss topics that affect dentistry as well as periodontics. It really helps having a voice to shape policy at the state level.

What tools do you use when advocating on behalf of periodontics?

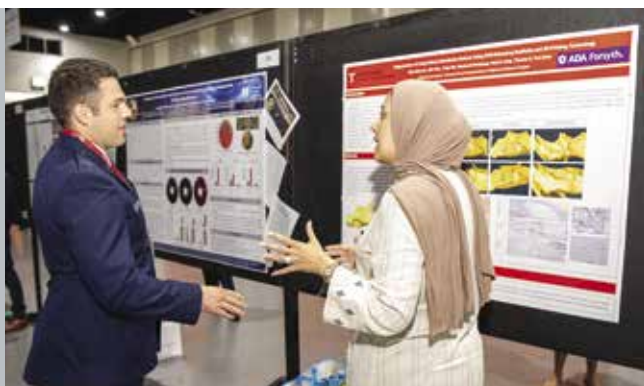
When advocating specifically for perio I focus on what makes our specialty different. Many times there is not an understanding of what a periodontist is and how we fit into patient care. Highlighting the importance of how periodontal disease fits into a patient's overall systemic health can be eye opening to a law maker. ■

International Periodontics

Without the Academy's collaboration with international organizations, the 110th Annual Meeting would not have been possible. This year's Annual Meeting was held in collaboration with the Japanese Society of Periodontology (JSP) and the Japanese Academy of Clinical Periodontology (JACP). The Academy thanks the JSP and the JACP for their support and friendship.

The Academy is also proud to continue its collaborative efforts with an organization based in Lucerne—the Osteology Foundation. This year, The Art & Science of Regeneration – a Session by the National Osteology Group USA was hosted at the Annual Meeting by the Osteology Foundation. This was the grand finale of the first case competition by the National Osteology Group USA, which was followed by a captivating panel discussion featuring some of the field's most renowned experts.

We've compiled some must-see moments from our collaborative events at the Annual Meeting in San Diego below.



SCIENCE & COLLABORATION



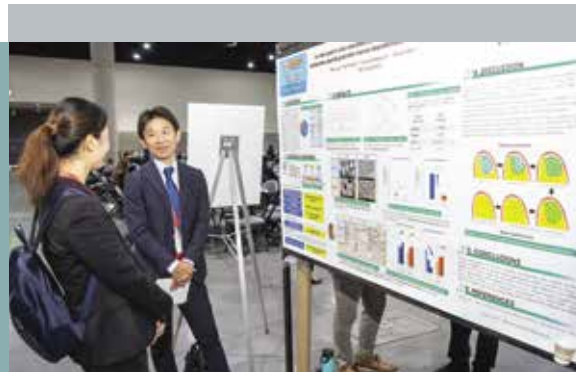
Communicate with periodontists around the world on AAP Connect!

AAP Connect is a unique space where members can share insights, discuss the differences of periodontology in their countries, and collaborate on advancing the specialty.

On AAP Connect you can join the conversation on the main forum, PerioSphere. There is also a new community just for international AAP members where you can:

- **Engage** with periodontists internationally and learn about different approaches, challenges, and innovations in periodontics.
- **Participate** in discussions on clinical practices, research developments, and case studies specific to other countries.
- **Access** resources, including articles, videos, and webinars, contributed by experts.

Together, we can make a difference, one discussion at a time. Join us today! ■



SCIENCE & COLLABORATION

Introducing the Excellence in Peer Review Awards

Two inaugural Excellence in Peer Review Awards were presented in San Diego by the Editors of the AAP Journals to individuals who have provided an exceptional number of high-quality reviews with efficient turnaround times for the *Journal of Periodontology* and *Clinical Advances in Periodontics*.

Peer review is essential for maintaining the integrity of scientific research, and the Editors rely on peer reviewers to provide constructive, unbiased evaluations of manuscripts submitted for publication. Each award recognizes the recipient's outstanding achievements and valuable contributions as a peer reviewer over the past year.

Congratulations to our first recipients, Drs. Momen Atieh and Yusuke Hamada!



Excellence in Peer Review Award
Journal of Periodontology

Dr. Momen Atieh

Mohammed Bin Rashid University
of Medicine and Health Sciences



Excellence in Peer Review Award
Clinical Advances in Periodontics

Dr. Yusuke Hamada

University of California, Los Angeles

AAP Journals Roundup



Probing Perio Podcast

The Academy recently relaunched the AAP Journals podcast series, Probing Perio – the place to hear the latest information in periodontal research. Whether you're in training, practice, or research, Probing Perio has something new for you. Tune in at your convenience to hear the Editors interview journal authors on the background and implications of current research in periodontology and implantology.

The latest episodes are available on Spotify and Apple Podcasts:

- Histologic Wound Healing, with Dr. Brian Mealey
- Ultrasonography for Wound Healing Evaluation, with Drs. Benyapha Sirinirund, Albert Chan, and Oliver Kripfgans
- Artificial Intelligence in Periodontal Education, with Dr. Saynur Vardar

Continue to check back with these platforms as there's more content to come!

Call for Papers for JOP 95th Anniversary Special Issue

As announced previously, the Editors of the *Journal of Periodontology* are seeking high-quality original research and reviews in periodontology and implantology for a special virtual issue honoring JOP's 95th anniversary. The theme is "Celebrating Science," and topics that will be considered include, but are not limited to, the following:

- Periodontal disease pathogenesis
- Host–microbial interactions in periodontitis/peri-implantitis
- Genetic contributions to periodontitis/peri-implantitis
- Periodontal and peri-implant therapy including hard and soft tissue regeneration, mucogingival surgery, etc.
- Holistic health care: periodontitis/peri-implantitis and systemic diseases
- Public health implications of periodontal/peri-implant diseases
- Risk factors for periodontal diseases
- Evolution of the specialty: workforce, paradigm shifts, technological advancements, digital dentistry, personalized access to care, sustainable and holistic practice modes

All papers that are submitted for consideration will undergo peer review and, if accepted, will be published first as "Early View" and then in standard issues. The most novel papers will then be selected by the Editors for inclusion in a special virtual issue that will be posted in late 2025.

The deadline for submissions is **May 31, 2025**. More details are available here:



CAP Moving to Online-Only Format in 2025

Next year, *Clinical Advances in Periodontics* will transition from a print + online journal to online-only. With a growing number of readers accessing the online version of CAP and downloading articles, the Academy and its publisher, Wiley, agreed it's an appropriate time to make this transition. This change in format also reflects the original vision for CAP when it first launched as a digital journal in 2011.

For AAP members, there are numerous advantages to CAP being online-only:

- Immediate availability of articles and issues on any device
- Access to complementary content including embedded videos and features such as reference linking and expandable images
- Robust search and navigation tools to find specific content
- Access to archived issues going back to 2011
- Environmental sustainability

During the COVID pandemic, disruptions to printing and distribution accelerated the move to online-only for hundreds of scholarly journals, and this trend continues today. In addition to the benefits above, online-only publishing allows publishers and associations to publish more content because there are no editorial page limitations.

Members do not need to do anything on their part. This change will become effective with the March 2025 issue. ■



ARRive

AAP RESIDENT RETREAT
San Antonio, TX
August 8 - 10, 2025

PREPARE TO **ARRive!**

San Antonio, TX | August 8 – 10, 2025
Hilton Palacio del Rio

Rising third-year residents* are invited to join the American Academy of Periodontology (AAP) for a one-of-a-kind weekend designed to prepare you for the transition from residency to practice.

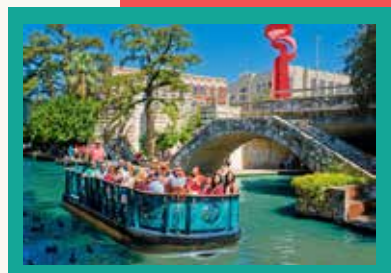
This inaugural event includes:

- Engaging and interactive programming featuring AAP, AAP Foundation, and American Board of Periodontology leaders as well as up-and-comers in periodontics
- Travel to San Antonio**
- Hotel for two nights
- Food and beverage for all scheduled activities

This is a non-CE event.

**Current AAP Student membership and good standing in a CODA-accredited periodontal residency program required*

***Restrictions apply*



LEARN MORE AT [PERIO.ORG/ARRIVE](https://perio.org/arrive)

New Model Legislation Developed by ASDA, AAOMS, and AAP

In partnership with the American Society of Dentist Anesthesiologists (ASDA) and American Association of Oral and Maxillofacial Surgeons (AAOMS), the AAP has developed model legislation for sedation and general anesthesia that will serve as a template to be used as a framework for legislators and regulatory agencies to develop fair and safe laws to provide oversight to sedation and general anesthesia being provided in dental facilities. “It was important for the AAP to bring the voice of the periodontists, leaders in providing moderate sedation, to this unique collaboration with ASDA and AAOMS,” said James Spivey, DDS, MS, former District 1 Trustee and former Board liaison to the AAP Anesthesia Committee.

The model legislation was developed after reviewing multiple state sedation and general anesthesia regulations, utilizing best practices from states to achieve one consensus document that can be used as a blueprint to guide state dental boards and regulatory bodies in regulating how general anesthesia and sedation are practiced within dentistry. State dental boards have long requested such a template, as creating a comprehensive outline which encompasses all of the different facets of sedation and anesthesia practice in dental offices is incredibly challenging.



“The collaborative model legislative document co-drafted by ASDA, AAOMS, and AAP is uniquely positioned to give guidance to stakeholder groups. This document protects not only our patients but also our right to provide sedation and anesthesia in our practices now and in the future,” explained Tyler Borg, DDS, MS, chair of the AAP Anesthesia Committee.

To review the model legislation document, please visit asda.org ■



ABP

DIPLOMATE INTERVIEW

**Ramzi Abou-Arraj, DDS, MS**

Professor & Interim Associate
Dean for Academic Affairs
The University of Alabama at
Birmingham
Birmingham, Alabama

culmination of years of hard work and professional education. I believe that we owe it to our patients to keep our knowledge updated and to hold our clinical decision-making to high standards of ethics equipped by the best available evidence. This goal is facilitated by Board certification in Periodontology and Dental Implant Surgery, which is also recognized by the dental and medical communities and the public.

Please tell us about your background and how you became a periodontist.

After graduating from the Université Saint Joseph in Beirut, Lebanon with a DDS degree in 2003, I completed my military service training which also exposed me to the practice of dentistry in a private practice-like setting. During this experience, I had the opportunity to interact with various dental specialists who were contracted to treat military patients and their families. The periodontists stood out to me as the optimal collaborators on patient care, equipped with advanced knowledge and surgical skills. I believe in teamwork and periodontists represent the core of that team looking to improve their patient's oral and overall health. It was an easy decision to pursue a residency and career in Periodontology, first with a certificate in Lebanon, followed by another certificate and master's degree at the University of Alabama at Birmingham (UAB).

When did you decide to pursue Board certification and why?

I pursued Board certification in 2013 at the very first opportunity following my graduation from UAB in 2012. Board certification is the highest achievement a specialist can accomplish and is the

Could you tell us about your current faculty role at The University of Alabama at Birmingham?

I am a tenured professor at the UAB Department of Periodontology. For several years, I served as clinic director and assistant director of the advanced education program in periodontology. In this role, most of my time was dedicated to the education and mentoring of residents. For the last year, I have been serving as Interim Associate Dean for Academic Affairs for the school. I maintain a teaching role in the advanced education program as well as in the predoctoral program, both clinically and didactically. In addition, I continue to treat patients in our school's faculty practice.

What trends or developments do see in the practice of periodontics today?

The field of periodontology has always been a leader in scientific discovery in dentistry and oral health. Continued research and clinical applications in biologics, biomaterials, and enhanced surgical techniques is



expected, along with more integration of artificial intelligence and digital workflows in periodontal practices. Considering the numerous established associations of periodontal disease with systemic conditions, periodontists are best positioned to embrace concepts like P4 medicine (prediction, prevention, personalization, and participation) for patient management and advocate for disease prevention and saving teeth.

Please tell us about your work on the ABP's Continuing Certification Committee and share your thoughts on the ABP's new continuing certification platform, ABPerio Minute.

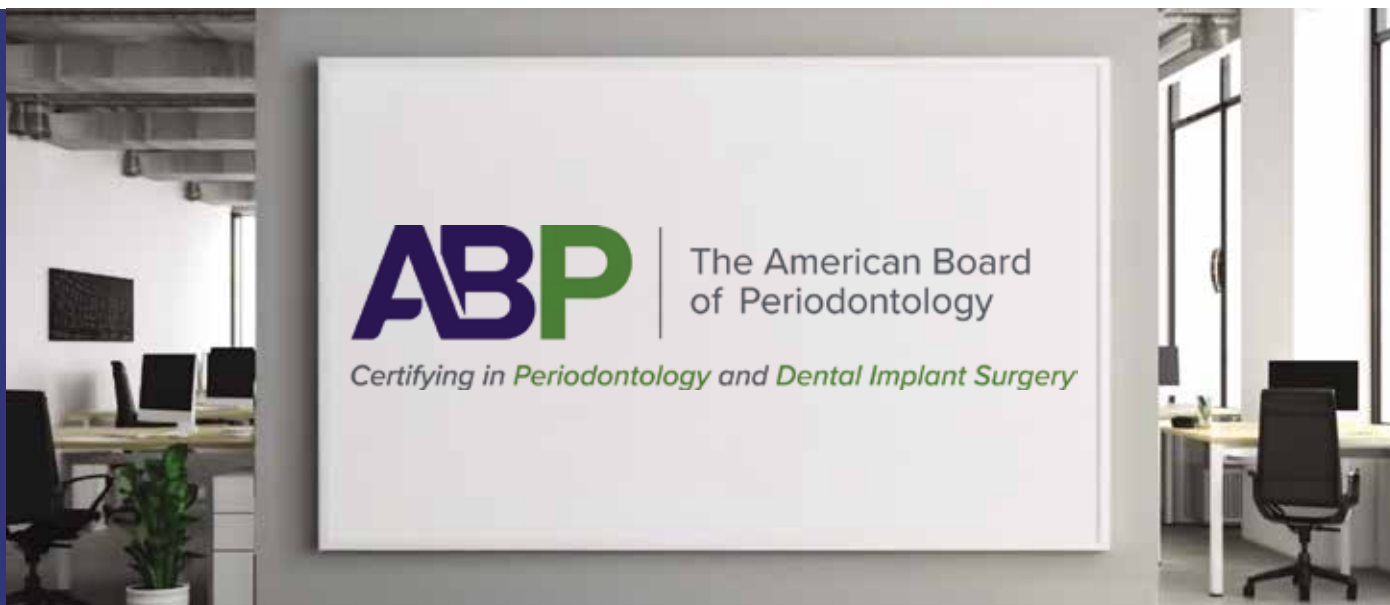
I have had the privilege of serving on the ABP's Continuing Certification Committee as the ABPerio Minute platform was being developed. Through this innovative and user-friendly platform, the specialty of periodontology once again leads the way in dentistry and introduces a platform that truly supports lifelong learning for Diplomates through a continuous and longitudinal assessment. It has been a very exciting process to discuss the details of this new platform,

participate in its beta testing, policy development, question reviews, and most importantly to appreciate the overwhelming positive feedback generated by those who have experienced its ease of use and adaptability.

Do you have any advice for those considering pursuing Board certification?

While pursuing Board certification should be an organic process for new graduates, I have met several periodontists who successfully challenged the certification after years of practice. Common characteristics to all Diplomates irrespective of when they challenged the board include appropriate content preparation and organization of thoughts. In reality, the certification exam is designed to offer the opportunity to candidates to demonstrate their knowledge of fundamental concepts in periodontology and implant surgery. Those who are able to succinctly and clearly articulate their best evidence-supported thoughts in the identification and management of periodontal diseases and conditions and implant surgery should have no problems passing the certification exams. ■

AMERICAN BOARD OF PERIODONTOLOGY



2025 ABP ANNUAL REGISTRATION IS OPEN

The American Board of Periodontology 2025 annual registration is now open. There is no increase in the annual registration fee, which remains steady at \$325. The Board works diligently to manage expenses while also providing quality services to Diplomates. Diplomates are asked to complete the annual registration process by Jan. 15, 2025.

ABPERIOminute

Following successful pilot testing in 2023 and beta testing in 2024, full rollout of the ABP's

new continuous certification platform, ABPerio Minute, will take place in Jan. 2025. Diplomates will be able to keep their knowledge up to date using a cloud-based platform accessible via any device. The requirement will be to answer 15 multiple choice questions each quarter annually to maintain certification. ABPerio Minute replaces the current maintenance of certification exam every six years. The platform is designed to capture "walking around knowledge" so no preparatory study is necessary and there is no pass/fail. Questions are tailored to clinical practice and each question is timed to be answered in one minute. Citations for further self-study are provided for each question. Information about account activation and specific compliance requirements during the rollout period will be sent to Diplomates in the coming weeks.

DIPLOMATES DUE TO RECERTIFY IN 2024

Diplomates recertifying in 2024 are required to complete 60 ABPerio Minute questions by Dec. 31, 2024. ABPerio Minute

is part of a triad of maintenance of certification requirements (MOC), along with the annual registration process and completion of 60 continuing education (CE) points over the course of the six-year certification cycle. To view the current CE activity point chart, visit the Maintenance of Certification page at [abperio.org](https://www.abperio.org).

2024 LESLIE M. SALKIN AWARD

Dr. Leslie M. (Mike) Salkin served as a Director of the American Board of Periodontology from 1995 to 2001. Following his last year as a Director he returned every year to assist the Board on the Oral Examination as an Examiner until his death in Nov. 2013. The Board established the Leslie M. Salkin Award to honor his many years of exceptional service to the ABP. The award is presented each year to the candidate who earns the highest score on the Oral Examination. The Board is pleased to announce Janet Zalucha, DDS, MS of Dexter, Michigan as the 2024 Salkin Award recipient. The award was presented during the 2024 AAP Annual Meeting.



NEW DIPLOMATES RECEPTION

The ABP was pleased to celebrate new Diplomates during a reception in San Diego at the AAP Annual Meeting.



AAPF CAPITAL CAMPAIGN SUPPORT

The ABP is proud to join the AAP in providing a substantial gift to the American Academy of Periodontology Foundation Capital Campaign. The AAP and ABP's combined gift will provide \$1 million of support over the next five years for the important work of the Foundation. For decades, the AAP, AAPF, and ABP have worked together to support each organization's goals and to support the advancement of the specialty. The ABP is honored to be able to continue the important legacy of teamwork and mutual support and help to build a better future for the specialty.

DIPLOMATE BROCHURES AVAILABLE

The ABP is pleased to offer Diplomat tri-fold brochures for purchase. The brochure is ideal for display in your reception area and provides your patients with useful information about the value of seeing a board-certified periodontist. Brochures are available in a standard format, or, for a small additional, one-time fee, may be customized with your information. For the customized version, you can add your office contact information on the back panel. You can also replace the cover photo with your own high-resolution head shot photo, or you can opt to add both customization options. For more information, please contact the ABP Office 312-682-0919 or staff@abperio.org.

UPDATE YOUR PROFILE AND IMPROVE YOUR VISIBILITY

Did you know the "Find-a-Board-Certified Periodontist" tool is the most visited page on the ABP's website? Make sure you are visible by adding a profile photo and website address. Do you have multiple offices? We can help you with those listings. Contact the ABP Office if you have any questions or need assistance updating your profile.

IMPORTANT DATES AND DEADLINES

- **January 27 – 31, 2025:** 2025 Qualifying Examination
- **May 5 - 9, 2025:** 2025 Oral Examination

2024-2025 BOARD OF DIRECTORS

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312-682-0919

staff@abperio.org

www.abperio.org



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@americanboardofperiodontology



@abperio



The AAP Foundation at the AAP Annual Meeting – Thank You for Your Support!

Thanks to all who engaged with the AAP Foundation at the AAP Annual Meeting in San Diego! Whether you stopped by the booth, donated funds, bid on the silent auction, or attended a meeting or event, we appreciate you all. Without the support of people like you, the AAP Foundation would not be able to award more than \$300,000 annually to support periodontal education, research, and excellence.

This year's Silent Auction was a resounding success. The AAP Foundation is grateful to the nearly 40 companies and individuals that donated goods and services to the auction. This year's event raised nearly \$50,000 that will support the Foundation's mission.

Drs. Bezerra, Arce, Al-Awady and Momen-Heravi demonstrated return on donor investment at the 2024 Future Horizons in Periodontology session, a study of Advances in Personalized Periodontal Medicine. Ambassadors and Student Ambassadors joined Foundation leadership to brainstorm ideas for the coming year at the 2024 Ambassador Breakfast.

The AAP Foundation again collaborated with the AAP to recognize recipients of AAP and AAP Foundation awards at a moving awards ceremony.

Once again, Treloar & Heisel sponsored a fascinating Estate Planning Breakfast, with presentations from estate and business planning attorney at MassMutual, Thomas Barrett, and Shawn Johnson from Treloar & Heisel Wealth Management. Our thanks to them for an informative session with actionable steps.

The AAP Foundation also took time to honor some of the legends of periodontology at a special donor appreciation event, generously sponsored by *Pacific Dental Services*.

Our congratulations to all 2024 AAP Foundation award recipients:

Dr. D. Walter Cohen Teaching Award

Mostafa Shehabeldin, BDS, MS, PhD

Dr. Colin Richman and Family Perio-Ortho Interface Award

Karim El Kholi, DDS, MS, DrMedDent, DMSc

Yi-Chu Wu, DDS, MS

ShinJung (Amber) Hsieh, DDS MS

Dr. James T. Mellonig Regeneration Research Award

Kaleb Clark Esplin, DDS, MS

Dr. Mark K. Setter Leadership in Periodontology And Dental Implantology Award

Elizabeth Miller, DDS

Educator Scholarship

Prita Dhaimade, BDS

Sandrine M. Couldwell, DDS, MS

Dr. and Mrs. Gerald M. Kramer Scholar Award for Excellence

Francis Keeling, B. Dent Sci, MS

The Patty & Paul Levi Research Award

Joseph M. Montesano, DMD

Nevins Teaching and Clinical Research Fellowship

Muhammad H. Saleh, BDS, MSD

Nevins BioHorizons Fellowship

Chia-Yu (Jennifer) Chen, DDS, DMSc

The AAP Foundation Schoor Research Award

Aziz M. Saqr, DDS, MSD

Tarrson Fellowship

Karim El Kholi, DDS, MS, DrMedDent, DMSc



Teaching Fellowship

Martinna Bertolini, DDS, MS, PhD

Vinayak M. Joshi, MS, PhD

Scholarship to the Institute for Teaching & Learning

Tien-Hsin Chang, DDS, MS

Iya Humam Ghassib, DDS, MS

Lindsey Paige Janof, DMD, MSD

Halide Namli Kilic, DDS, PhD, MSD

Anthony A. Vargas, DDS, MS

Charles W. Finley Visiting Scholar Education Grants:

UT Health Science Center at San Antonio

University of Pittsburgh

University of Colorado

University of California, Los Angeles

University of California, San Francisco

The AAP Foundation is grateful to the following companies that donated items to our silent auction:

Dr. E. Pat Allen Center for Advanced Dental Education

Alpine Pharmaceuticals

American Academy of Periodontology

ASI Dental Specialties

A-Titan Instruments

Crest + Oral-B

Dentium USA

Enova Illuminations

Garfield Refining

GC America

Glustitch

id2 Dental

Impladent Ltd

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Laschal Surgical Instruments, Inc

Mectron North America

Osteogene Tech Corp.

Osteogenics Biomedical

Pacific Dental Services

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Quintessence Publishing Company, Inc

Salvin Dental Specialties, Inc

Specialty1 Partners

StellaLife

Stoma USA Inc.

SUNSTAR Americas, Inc.

Treloar & Heisel

Unicare Biomedical, Inc.

Versah, LLC

Xemax Surgical Products

Leaders and friends of the AAP Foundation donated interesting and unique items to the Silent Auction. Special thanks to:

Yousuf Al-Aboosi, DDS, MS

Satish S. Kumar, DMD, MDSc, MS

Dr. Joan Otomo-Corgel

Perio Health Professionals, Dr. E. Todd Scheyer

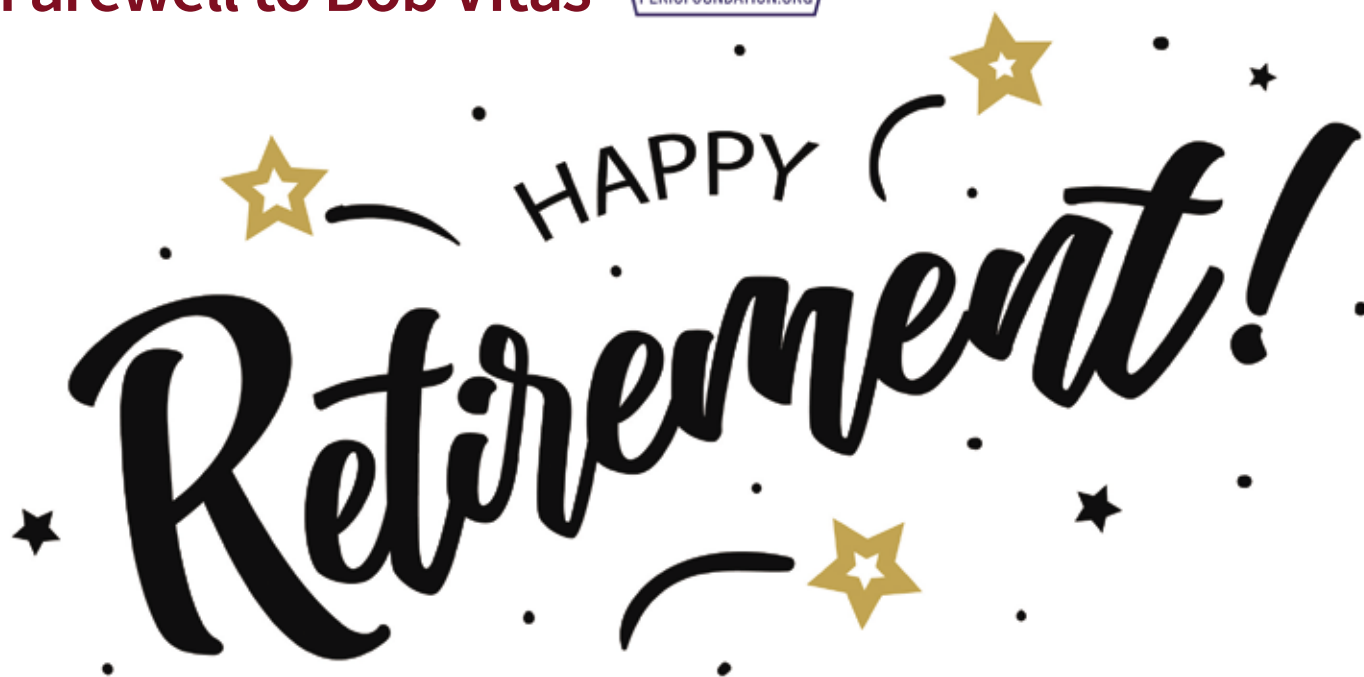
Flavia Pirih, DDS, PhD

AAP Secretary/Treasurer Kristi Soileau, DDS, MEd,
MSHCE, FACD, FICD

We look forward to seeing you all again
next year in Toronto! For all the latest
Foundation news and events, along with
award applications and deadlines, please
visit www.periofoundation.org



Farewell to Bob Vitas



After 14 remarkable years of service, we bid a fond farewell to our beloved Executive Director, Bob Vitas, as he enters retirement. Throughout his tenure, Bob led our organization with unwavering integrity, steady decision-making, and a deep commitment to our mission. His leadership not only shaped the direction of the AAP Foundation, but also inspired all of us to work with purpose and passion.

Bob's dedication and vision have left an indelible mark on our community, and his ability to connect with people—staff, board members, volunteers, and partners—has earned him the deep respect and admiration of everyone who had the privilege of working with him. His thoughtful leadership and tireless efforts have been instrumental in helping the AAPF achieve new heights.

AAP Foundation president Dr. Lisa Masters says, "Bob Vitas has been a pillar of knowledge and stability for the Foundation. I appreciate all that I have learned from him during my time serving on the Foundation Board. We all strive to leave an organization in a better place than it was in when we started. Bob most certainly has taken the Foundation to a place of greatness that will sustain and preserve periodontics."

Though we will certainly miss Bob's steady presence, we are incredibly grateful for the legacy he leaves behind. His influence will continue to guide us in the years to come.

Please join us in wishing Bob all the best as he embarks on this new chapter. We are excited for what the future holds for him, and we will always carry forward the values and principles he instilled in our organization. Thank you, Bob, for everything. You will be missed! ■



The AAP Foundation Announces its Campaign: *The Foundation for the Future*

As periodontists, we are all deeply committed to advancing our specialty and ensuring its continued success. The American Academy of Periodontology Foundation's New Campaign, *The Foundation for the Future*, offers us a powerful opportunity to invest in the future of periodontology, supporting initiatives that directly impact research, education, and excellence.

By giving to *The Foundation for the Future*, you are helping build a stronger, more vibrant future for periodontics. The Foundation's unwavering commitment to excellence ensures that the public recognizes periodontists as the trusted experts in this field. We don't just support a few individuals; the Foundation delivers value that increases each year to every specialist.

Whether you are a practitioner, a scientist, or an educator, you benefit from a vibrant community of knowledge. Support for research and education keeps periodontology at the front of a healthcare environment that is changing more rapidly than any of us could have imagined just several years ago.

Let's work together to make a lasting impact on the specialty we love. Thank you for your continued commitment to the advancement of periodontology and for your generous support of The Foundation.

Our full case statement can be found on the Foundation website, www.periofoundation.org.

The AAP Foundation is a 501(c)(3) charitable organization, all donations are tax-deductible to the extent allowed by law. ■



AAP FOUNDATION

PerioDash Results are in!

A HUGE thank-you to all who joined us for PerioDash this year! More than 500 people from across the country (and a few international participants!) joined in the fun to raise awareness and funds for the AAP Foundation's efforts to strengthen periodontology.



Special thanks to our participating teams:

#GUMSTUFF

323's

Bedford Commons Periodontics

Boston Strong

BUCKEYES

DashOhio

District 8 - We're Everywhere!

Dr McCabe Periodontics

Drakes Bane

Gingival Joggers

Goldberg Implants & Periodontics

Grade III Mobility

Harvard Periodontics

LA Team

Longmont Periodontics

Navy Perio

Nevins

NYU Perio Violets

NYU Periodontology Society

Padbury Periodontics & Implant Dentistry

Penn Perio 2024

Perio Gators

Perio Gators Tokyo

Perio Peeps

Periodontal Health Group

Pitt Perio

Pocket Patrol

Runs with Scalars

Soft Tissue Speedsters

Team Grime Fighters

Texas A&M Periodontics

The Exostosectomies

Top Gum

Transcend Dental Implants & Periodontics

UIC Periodontics

University of Southern California

UT Health Grad Perio

UT Houston

UT San Antonio Grad Perio - Calculus Cowboys

UW Perio

VCU Perio



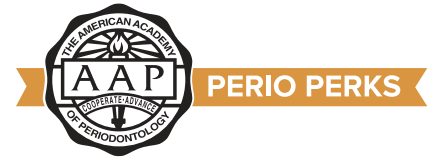
Thanks, too, to the 130+ individuals who participated on their own!

This year's winning team is the L.A. Team, bringing in nearly \$3,000 for the AAP Foundation. Congratulations! The winning team receives a \$200 gift card to use for a team meal, study club expenses, etc.

Coming in second place this year was the Gingival Joggers, followed by Boston Strong in third. ■

We can't wait to see you all back for PerioDash 2025!

Perio **PERKS** Programs



Exclusive savings and value available only to AAP members

Finance & Insurance

The CareCredit healthcare credit card can help bridge the gap between patient benefits and cost of care.



Chosen Payments offers credit card processing, check guarantee services, loyalty programs, merchant loans and data breach protection plans.



Banking Built for Doctors, by doctors: Panacea Financial is a doctor-founded and expert-driven digital bank that caters to Periodontists. Whether moving for residency, opening a practice, or consolidating debt—Panacea Financial was built specifically for you.



SoFi consolidates and refinances federal and private student loans to offer rates customized to you, creating meaningful savings.



Treloar & Heisel offers dental and medical professionals nationwide a comprehensive suite of financial products and services ranging from insurance to investments and financial planning.



Practice Management

ACE SOUTHERN Surgical Solutions offers members an upfront discount on the products that are used everyday in a periodontal practice!



Aspida offers a HIPPA compliant encrypted email solution, which includes email archiving, retention and backup for six years along with robust spam and malware protection.



Bent Ericksen has been a leader in employment compliance and human resources for over thirty years. AAP members are eligible for a special discount on Bent Ericksen's comprehensive HR Director package.



Sowing helps you effortlessly track patient referrals, manage implant inventory, streamline communication with GPs, and reclaim valuable time for patient care.





AMERICAN ACADEMY OF PERIODONTOLOGY

What is the value of AAP membership?



RESOURCES AND TOOLS

- On-demand continuing education
- Clinical, scientific, and practice resources
- Insurance coding and third-party reimbursement assistance
- Dental Hygiene Study Club resources
- AAP Connect online member community
- Online member directory

Value: \$5,000+*

PUBLICATIONS

- Online/print editions of the JOP and CAP
- Subscription to *Periospectives*, the quarterly member magazine
- Proceedings from scientific symposia and collaborations including the best evidence consensus
- This Week in Perio newsletter

Value: \$5,000+*



DISCOUNTS

- Annual Meeting registration discounts
- Discounts on AAP Career Center listings
- Perio Store merchandise discounts
- Perio Perks program featuring exclusive discounts and offers

Value: \$1,200+*

Renew your 2025 dues today at perio.org/renew

Total Value: \$11,200*

AAP Annual Dues:
\$142 (student) to \$1,097 (active)

The estimated value of AAP membership is based on a comparison of non-member pricing and the market value of external resources/benefits. This estimate is for informational purposes only and may not reflect the actual savings or benefits realized by individual members. Prices and values are subject to change, and individual experiences may vary. The estimate does not account for intangible benefits such as networking opportunities or industry exposure.



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